

# VETERAN ATHLETICS

The Newspaper of the British Veteran Athletics Federation

No 56 APRIL 2001

**p8** WHEN IS A RECORD  
NOT A RECORD?

**p10** WORLD & BRITISH  
OUTDOOR RECORDS

**p15** RESULTS

**p22** EUROPEAN INDOOR  
CHAMPIONSHIPS

BVAF INDOOR T&F, CARDIFF, 17-18 FEB

## INDOOR RECORDS GALORE!

Report: PETE MULHOLLAND  
Photographs: Jeremy Hemming

**W**hat do you do to top setting a world W50 record for 400m on Saturday? If you are Caroline Marler, you come back on Sunday and set another over 800m.

Marler (pictured), who now owns four world bests and laid claim to the same events in 1997 when in the W45 category, has athletic credentials going back some way. She placed third in the British open indoor 800m in 1976 and was sixth in the WAAA Olympic trials that year. Fast track forward to 1987 and you will find her winning the W35 400m gold in the World Championships.

Marler claims that she is the "only track runner at Otley Athletic Club (where) I've kept basically fit as a gym instructor - but it's only during the past few months that I have worked at the running."

The 800m saw Marler defeat Nancy Hitchmough who was twice a winner in the Europeans and in the BVAF indoors last year. The previous day Hitchmough had taken the 1500m, defeating W45 winner Denise Farnham in a combined race. "That was faster than last year," she exclaimed, pleased that it was all over.

Continued p2



# INDOOR RECORDS GALORE! continued from page 1

Pat Gallagher witnessed Marler take her M50 800m record and sought consolation by tackling the W55 3000m. Her reward was 11:09.82, well inside the 11:42.90 world mark of Holland's Gerda van Kooten.

Gallagher's coach Nigel Gates stormed to victory over 3000m after sharing the early pace making with David Gee and Martyn Flower. He then powered away to lap all but two of the large field, finishing in a fast 8:46.71.

"I wanted 8:44 for the record but that will do me nicely before my next target - the veterans' cross country."

If medals were given for the 'come-back of the year' then Allan Williams would take gold. The Cambridge Harrier pole vaulter has not competed since last May when he broke his heel bone in four places during a Southern League fixture at Tooting Bec.

"You will probably have a permanent limp and athletics will be out of the question," he was told by the doctors. However, Williams massaged the injured area, "every hour and on the hour," for six weeks and "amazed" the hospital with his progress. At the BVAf championships, Williams ("I felt terrific") added 1cm to his own UK M45 mark of 4.32 before attempting to top the outdoor mark of 4.42. The competition also saw an inspired Paul Oakes clear a lifetime best height at the age of 47.

An obviously elated Williams said: "Now for Bordeaux, that's my next target."

Now an M45, David Elderfield will certainly provide some strong competition in an age category in which UK athletes dominate the sprinting world. After taking the 60m with ease, Elderfield stepped up to 400m for an even more convincing win in 52.86 which is, however, below his recent best of 51.48 - still to be ratified as a European best.

"I was a bit worried before the start due to a stinking cold and a groin strain," he admitted.

Phil Delbaugh stormed to victory in the M40 60m and a repeat of his 2000 double looked on the cards - until Eric Smart stepped in to cause the upset of the day.

Delbaugh, the European and BVAf

outdoor champion, looked in control approaching the final bend of the 200m but Eric played his 'smart card' and left Delbaugh powerless to respond. The still shell-shocked Smart recalled: "As the race went on I sensed I could get him, although not in my wildest dreams would I have predicted that."

Delbaugh said: "I felt OK at the first bend, then the legs went". But his confidence remains unshaken and he vows to be back for the (WAVA) World Championships in July.

Dave Wilcock displayed his usual smooth striding style as he sped to an M45 800/1500 double - twice leading home former champion Kevin Archer. The Barnet & District double world champion admitted after winning the longer race: "I felt alright although it was hurting"

Doubles all round also for the strong running Sarah Heath who, despite a bad cough and "only being back a week", wore the Shaftesbury Barnet vest with style as she took W35 titles over 800m and 1500m. Double bubble as well for W50 Val Parson who looked out of it in the 200m shortly after her clear-cut 60m win.

Brenda Elliott was going clear approaching the final bend before Parsons attacked and hunted her down. "I thought I'd had it," said a surprised Parsons.

Helen Godsell, as in Bedford last summer, shared the titles with her brother Bob Minting - taking two apiece. It was close, however, as Minting almost missed the start of the 200m before winning in the closing strides - still wearing his track bottoms!

More drama in the sprints as Julie Money, after a clear win in the W35 60m, was matching strides with Linda Gabriel in a 200m qualifier when hamstring problems struck to leave her double dream shattered. Neil Griffin, who owns more titles than the local library, once again proved unbeatable in the M50 shot albeit with a distance well short of his European best of 16.01.

"I set that in November with my best ever series which saw the British best topped four times. I feel stronger now but the technique needs tidying up before Bordeaux," said Griffin.

Margaret Coombe and Esther Linaker came away with two W55





## RESULTS START ON PAGE 15

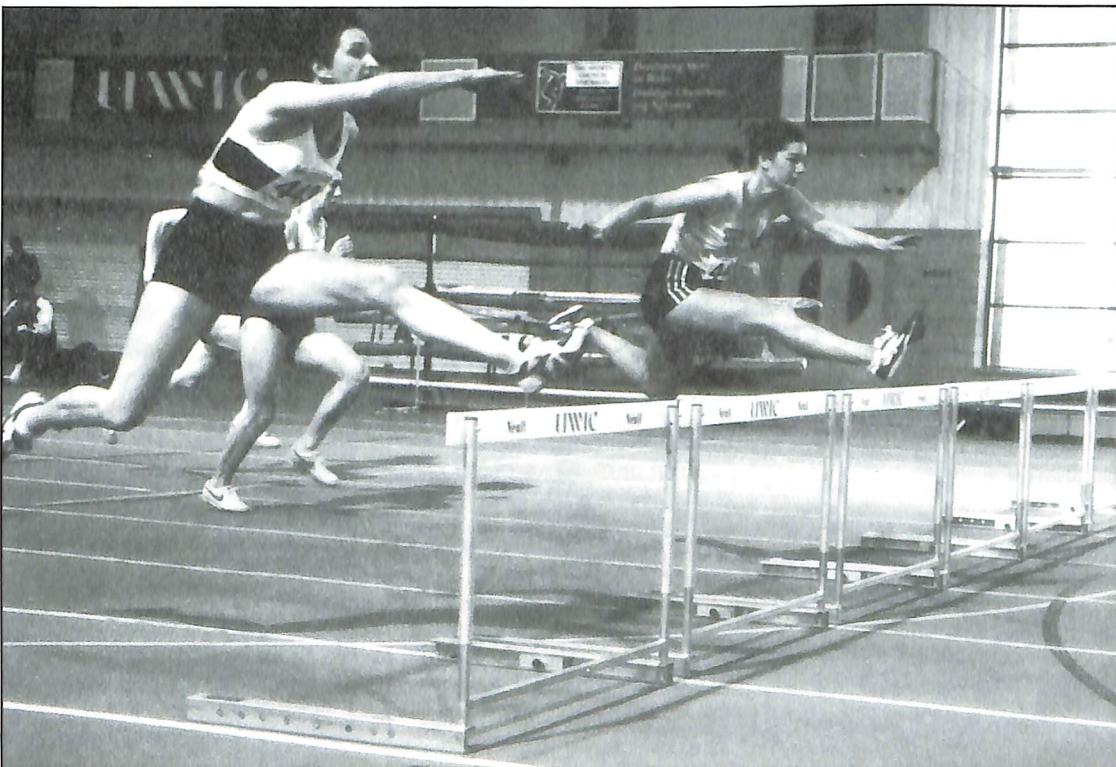
Far left: Robert Creed wins M40 1500, Left: 14.84m won Neil Griffin the M50 Shot. Below left: Sarah Heath, easy winner of W35 1500m. Right: Sylvester Stein, M80 60m. Below right: Allan Williams soars. Bottom right: Jos Harwood trails Mandy Laing, W40 hurdles.

championship medals each in addition to a bronze medal neither had expected. Presented by BVA president Keith Whitaker, they were for the 1999 World Championships in Gateshead for which the American competitor Kathy Jager was disqualified leaving Coombe and Linaker to move into third place in the pole vault and the 100m respectively. Jaroslav Hanus, in his first M70 competition, equalled the UK shot mark of 10.61. "That record is about 10 years old now and I believe I can claim it outright very shortly," he claimed.

The final events of the meeting, the triple jumps, proved classy with three world and one British best being accounted for. Janice Pryce soared out to 10.82 in the W40 version to top the world list with both Marlene Simmonds and Mary Wixey claiming similar status for W55 and W80 respectively. Scotland's Betty Steedman, who the previous day had come close to inflicting a rare sprint defeat over Rosemary Primes, took a British best.

Pentathlete Jenny Brown almost got among the triple jump records but had to settle for second behind Pryce although the Ashford all rounder did win the 800m between her first and second jump! There were also memories for Wixey whose four W80 victories provided two world and one UK best. It was 40 years ago she first competed in Wales when representing the Welsh Training Colleges team with Olympic bronze medallist Peter Radford one of her teammates.

Another returning to Wales was Dave Walsh, supporting the team from Bromley Veterans. In an accent more native than many of the local residents he joyfully pointed out that, "Every member of our team has come away with a medal".



### 300 Club Prize Draw WINNERS

**OCTOBER:** £125 to Nigel Wray, returned as donation (London). £10 each to F Cowan, N Cross, M O'Leary, C Filer.

**NOVEMBER:** £125 to E Warren (Cardigan). £10 each to T Harley, N Bradshaw, N Wray (returned as donation), G Barrett, J Dooley.

**DECEMBER:** £125 Tessa Stephenson (Stevenage). £100 to D W Sinclair, B Tyndall, A Goodwin, P Forbes, M Buttery.

**JANUARY:** £125 to Hlary Brindle (London). £10 to J Jewell, Jan Ross, Anne Mellor, K Crooke, G Lloyd.

Cheques (payable to Veteran Athletics) should be sent **Jose Waller, 26 Westwood Road, East Ogwell, Newton Abbott, South Devon TQ12 6YB** not Jack Fitzgerald as stated in VA54.

### Newspaper Support Fund

Donations have been received from: **Tony Rawlinson, Julie and Mike Abell, Ted Cooper, Nigel Wray (see above) and Allen Sowden.**

We are always extremely grateful for these generous donations. Your support goes to augment advertising revenue and aid publication of VA.

Donations should be sent to: Les Brown (Treasurer), 55 Middle Lane, London N8 8PE.



**ROSEMARY CHAMPION** recalls her early years in veteran championships

# DON'T PICK THE PLASTIC FLOWERS, PLEASE!

**B**edford 2000 was my fifth BVAF Track and Field Championship and I must admit it's all been a lot of fun, both on and off the track. I am now a seasoned competitor and should know what to expect but every National Championship never ceases to amaze - and amuse.

I was a raw recruit for the 1996 Exeter Championships where we had booked a room in Exeter University. We got little sleep due mainly to numerous noisy self locking fire doors, the security system in the hostel was impressive and would have done credit to Wormwood Scrubs. When I saw the Discus PB's on the registration lists I had to be persuaded not to go home without competing.

I never thought it was possi-

ble to suffer culture shock in one's native land. That was until we went to Blackpool for the 1997 Championships. We hadn't booked anywhere since Blackpool has a reputation for hospitable landladies. Somebody should have told the proprietor of Bleak House.

She demanded payment in advance (which we refused), the bed would have been a challenge for a mountaineer and at breakfast the cornflakes were already measured into bowls and cling-filmed. Did I imagine it, or were the condiments screwed to the table?

During the night the alarms were activated by drunken revellers trying to get in - or, more likely, OUT! Charlie Dimmock and the Ground Force team had spared no effort in the garden. 'Plastic flowers bloomed gloriously - the real

ones, the landlady explained, kept getting stolen.

By contrast, Stanley Park Stadium was a haven of tranquillity. I ran in the 100m and later, in the Discus, won my first National medal. However, a row erupted as no 400g javelins could be found for the over-50's until Dr Neuff was persuaded to provide one from his display of athletic equipment.

Exploring the town after the competition we concluded that Blackpool combines the maximum of attractions with the minimum of temptation. Perhaps that's why so many Political Party Conferences are held there. It must be the Cholesterol Capital of the North.

Eventually we tracked down some acceptable Slow Food at an Italian restaurant in the neighbouring town of Lytham.

Newport 1998 was the year of the second Great Flood - it was the survival of the wettest. Athletes warmed up in tantalising black PVC Newport City Council bin bags in a vain attempt to keep dry; screams could be heard as the high jumpers landed in pools of ice cold water. The discus circle remained obstinately flooded and trying to keep the throwing implements dry was a problem. My javelin received a coating of mud and, forgotten in its tube, turned mouldy

whilst we stayed with friends in Powys. Fortunately, The Newport Holiday Inn had already kindly roasted the rest of our athletics clothing, including our shoes, in their tumble drier.

We flew to Edinburgh for Meadowbank 1999, hiring a car from the airport and staying at the University under the craggy shadow of Arthur's Seat in Holyrood Park. The accommodation was excellent, with magnificent buffet breakfast. We wondered why some of the students were dressed for an early Hallowe'en Party, not realising, of course, that 'Goth' was the fashionable style.

Some of us went to Grassmarket for our pre-competition dinner. Outside the restaurant, everyone tried to ignore an inebriated vagrant. He laughed and shouted whilst brandishing a large sex toy at the crowd until hustled off by the police. "I'd love to pull out a big one tomorrow," remarked our javelin thrower friend.

The following day, the weather was pleasant and the atmosphere in Meadowbank Stadium was relaxed. A large number of athletes from Australia and New Zealand, en route to the World Championships in Gateshead added interest to the competitions. It felt great to be part of a world-wide veteran athletics fellowship.

CORNWALL ATHLETIC CLUB PRESENT THE

## DUCHY 2001 MARATHON

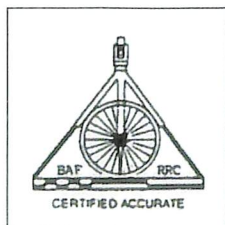
**SUNDAY 9 SEPTEMBER  
2001 10.30am**

Start and finish at the  
Penventon Hotel, Redruth.  
26 miles, 385 yards under  
UK Athletics Rules.  
Scenic and generally flat  
2 lap course.

Send sae for entry form,  
race details, prize list,  
course information and  
accommodation list to:

Vance Webster

Tremeneth, Gulval Churchtown, Penzance  
Penzance, Cornwall TR18 3BD

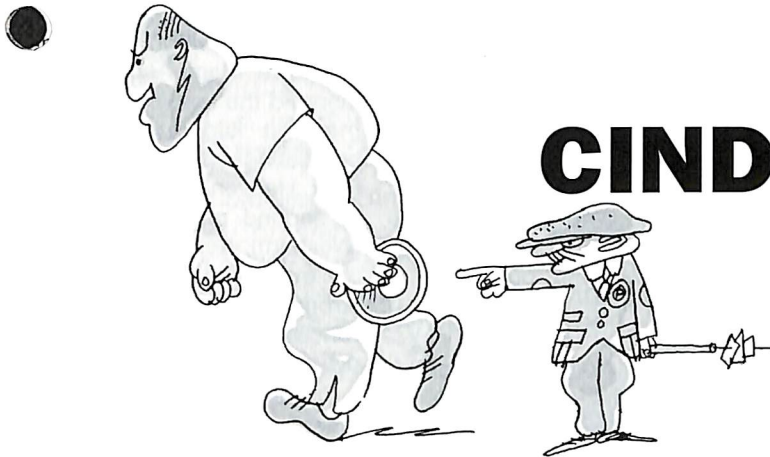


## Have we got your correct address ?

If not let us know. Write to:  
**Jack Fitzgerald, 6 Tyers House,  
Aldrington Road, London SW16 1TJ.**

**Make sure you receive  
your copy of VETERAN ATHLETICS**





# THAT CINDERELLA FACTOR

**H**ow nice to see an invitation for field events exponents to contribute to Veteran Athletics! In many parts of the UK, Track & Field athletics, in terms of media coverage, recognition and facility provision, has always been a Cinderella sport - with field events being the more Cinderella part of Cinderella - if you follow what I mean?

One of the main reasons for this situation was what one might call 'tradition' originating from the harrier clubs. Few clubs throughout the 20th century had full facilities or equipment for field events.

Take as an example Britain's International and Olympic representatives. Most of them came from the Universities or Services. Pole vaulters and discus throwers from the shipyards and factories of Clydeside, Tyneside or East London were decidedly conspicuous by their absence!

Also, it was much easier for a journalist to cover a race where all the competitors were involved at the same time instead of one after the other. Despite some of the greatest athletes in history having been field performers there was also more 'glamour' attached to track stars.

To-day, little has changed. Every time I switch on Track & Field on TV (dare I mention the station!) the opening event always seems to be the women's 10,000m. Now this event will take around half an hour and a long jump and a discus is usually going on at the same time - ample opportunity for covering several jumps and throws.

However, we are subjected to each of the 25 laps being

ground out. Not exactly ideal to recruit youngsters who want to see the full range of events the sport has to offer.

Let me emphasise, at the outset that this is not a diatribe against track events, anything but. My own favourite events as a young athlete were the hurdles and the sprint relay (when I could squeeze a place in the team). The same remains to-day although I don't participate in these events as much as I would like to. It's just that I have the greatest sympathy for field athletes as the difficulties they have to surmount are not often realised. In this instance, tradition does, indeed, die hard. Fifty years ago there was not one public track with six field facilities in the whole of the west of Scotland! I suspect many other areas of the UK were the same.

Let's now compare the past with today. We have to look at present day standards here in the UK. My own first Pole Vault was with a garden rake. When I reached the exalted height of 8ft 3ins I had to use high jump stands on top of two stools (the box was, of course, dug out of the grass with a spade). A promising young clubmate, a hammer thrower who almost reached Olympic qualifying standard, came to training before everyone else, left after them and was stuck in a remote corner of the ground all evening. It is not only the long distance runner who's lonely.

For me the greatest classic was the case of another colleague who bought his own discus and went to his former school playing fields to train. He had hardly warmed up when the irate groundsman (who lived on the premises) suddenly appeared to inform him that this was private property.

"I am a former pupil of the school," he replied.

"Even so, you can't throw the discus on a Sunday."

For years after he joked about this farcical response in dressing rooms all over the country. Eventually he advanced in his professional career and ended up on the other side of the world. On a recent trip home he discovered that he still had his discus and his local track had wonderful modern facilities. He duly paid his money and discovered... a concrete circle complete with cage!

Again he had hardly warmed-up when a latter day irate groundsman appeared to tell him that discus throwing was forbidden in the winter as it would spoil the grass for the rugby. Despite his explanation that one scrum would probably do more damage than 20 or 30 throws his pleas fell on deaf ears.

"Things haven't changed one iota," was his unsurprising summing up.

It is amazing the number of groundsman who seem to have a chip on their shoulders against athletes. Somebody high up must have annoyed them and the only people they can take it out on are athletes! I once witnessed a shot putter in a tiny corner of a ground being told to stop throwing because the groundsman had to cut the grass in the throwing area. There were four football pitches, two rugby pitches and a pitch-and-putt course also requiring attention but, could he cut these first? Of course not!

A young girl high jumper on a beautiful October day asked for the high jump equipment.

"There's no high jumping here in the winter. And,

besides, we don't have the staff to carry out the landing bed"

Disconsolate, she went for a run and, on her return, happened to look into the games hall where six able-bodied young men were lounging against the wall, ogling the housewives' aerobics.

Ever noticed how, when the better weather arrives, long jump boards suddenly require painting and the pit is closed for two weeks? And the number of ticket checks carried out when there's a lot of sunshine? Yet from September to April you can feel you're the only human being left on the planet!

This, of course, is back to the original Cinderella image. In most modern sports complexes, Track & Field (especially the latter) has a low priority. Preference is given to activities such as football, swimming, aerobics, badminton etc. Perhaps it's about that well-known root of all evil.

It is rare today, in my experience, for a shot putter, discus thrower or hammer thrower to find a circle that is not one inch under water in the winter months. Throwers supply their own tarpaulins only to find them cast aside on their next visit. You might say, "Well, go indoors" but, again, the priority question arises. It's not always as simple as that. Indoor arenas are frequently out of use due to, for example, schools meetings, international conferences on a variety of subjects or even the track being covered with carpets marking out badminton courts for some big meeting.

I hope this feature hasn't sounded too wingeing... it has not been an attempt to get readers to bring out their violins, merely an acknowledgement of the difficulties faced by field event performers and the credit due to them. If I have gone a bit too far and there are those who have no problems with their facilities I'd be delighted to hear from them. In the meantime good luck with the winter training (track exponents, too!) and I look forward to seeing you all at Windsor.

**This article is one of a number received that had no covering letter. Please, don't be shy!**



# AROUND THE REGIONS

## ISLE OF MAN

An indication of the flourishing membership of the club was reflected in the attendance of 81 members and their guests at The Annual Dinner and Prize Presentation. The winner of the Veteran's Mile, the Arthur Currie and Fred Ward Memorial Cup, was Andy Fox in his first year as a veteran. The highest placed male and female veterans in the Island 10 mile Championship, Robbie Callister and Lorraine Stigant, received the Sam Robinson Trophies.

The Skillicorn Trophies for the best aggregate finish in the Spring and Autumn 6 mile handicaps were won by Martin Bell and Carol Bates. The inaugural Spring and Autumn 5k walking races were won by Val Kneale and, joint male winners, John Lelant and Gordan Corrin. They received their trophies from Brian Brough, the husband of the late Ann Brough, in whose memory the races are held.

Keeping with the growth area of race walking, the Race Walking League, a series of nine races ranging in distance from 10k to 85 miles, was won by Doug Allan who competed in 7 events and amassed a total of 749 points. The Ladies winner was Dot Watterson, who also completed 7 events. She gained a total of 708 points.

The equivalent running trophy is the Veteran's Road Running Shield. The runners compete over distances from 6 miles to 26 miles, the times are age related and points awarded. Lorraine Stigant won the lady's shield and Alan Postletwaite the men's.

The track and field athletes contest a league based on the Decathlon events for men and the Heptathlon for women. Again best performances are age adjusted and points are awarded for times and distances. Ruth Callin who completed 6 of the 7 disciplines, scoring a total of 1955 points to win the lady's trophy, said that she was hanging up her spikes but we hope she will do a Steve Redgrave and recon-

sider. Brian Cowley made no such rash statements after a very good season, doing 7 of the 10 disciplines and winning the men's trophy with a total of 3502 points.

Finally, the Brian Doughty Trophy - awarded for services to the club. Although only a social member, Jacqui Cooper has helped raise the profile of the club via our website. To see how richly Jacqui deserves her award visit [www.woodheights.freesevice.co.uk](http://www.woodheights.freesevice.co.uk), the site designed and regularly updated by Jacqui.

The evening also saw individual and team medals from the BVAF Marathon held on the Island in August go to overall winner Robbie Callister, first W35 Lorraine Stigant and 1st M55 John Grady. Silver medals were gained by Sylvia Harrison W55 and by M60 Ian Chrystal with bronze by Sue Furner W40 and Ray Shooter M55. Team bronze medals went to the M45 and M50 club teams.

## NORTHERN VAC

Northern Veterans were to the fore indoors in February and March. At the BVAF Indoor championships in Cardiff on February 17th and 18th, Colin Shatto set UK M65 records for 60mH (10.4) and Pentathlon (3741 points).

W50 Caroline Marler set new world marks with a 62.56 seconds win in the 400m and 2:25.28 in the 800m. There was a triumph for M45 Ian Lindley, who putt 13.81 for a new UK record and wins for M40s Ian Scholes (60mH) and Mark Roberts (3000m). In the M50 age group Richard O'Keeffe (3000m) and John Charlton (Pentathlon) came out on top as did M55s John Henson (60m and 400m) and Albert Eland (800m) and M60 ace Bryan Shearsmith who won the 200m and was runner up in the 60m, 60mH and 400m.

Top M60s Barry Swindells and Fred Gibbs won their respective 800m and 3000m races, and the pair took 1st and 2nd in the 1500m. M65 Peter Dibb was similarly prolific in his M65 events, winning the 800m and 1500m, and fin-

ishing 2nd in the 3000m.

W35 Wendy Laing put on a spectacular show by winning the 60mH, High Jump, Long Jump, Triple Jump and Shotput. Mandy Laing similarly won the W40 60mH, High Jump, was 2nd in the Long Jump and Shot putt, 3rd in Triple Jump, and 5th in the 60m.

The new world record holder Caroline Marler was back in action in Bordeaux on March 8th, with a win in the W50 400m in 63.76 and the 800m in 2:31.94. She also assisted the GB 4x400m team to gold medals. M50 John Charlton was 3rd in the 400m and 2nd in the Pentathlon with 3696 points.

Richard O'Keeffe followed up his British 3000m gold with another win here, a lap short at 2800m. Fred Gibbs was in action for the M60s, where he finished 4th in the 1500m and 2nd in the 3000m just 0.09 seconds behind Phil Lancaster in a close finish.

Nearer home, it was difficult to see a hand in front of your face in St Helens on February 18th at the NVAC Cross-Country Championships. Prior to the cancellation of the BVAF National in Swansea, athletes were warming up for the end of season championships. The first race (M50+ and women) saw M50 Peter Hyde lead the way from the gun and win the race with ease, chased all the way by fellow England international Neil Robson and the leading M55 competitor Frank Reilly.

The M60 winner was Steve James, back on form and challenging the younger competitors. He finished 6th overall and nearly 4 minutes clear of second-placed Alan Peers. The Donald Waring Memorial Cup was presented to Les-Vaughan Hodgkinson, who finished first Over-65 in the Championships.

Macclesfield's W35 Pauline Atkinson was a clear winner in the women's race and finished among the leading M60 men, with nearly 3 minutes over Denise Wakefield who placed first W45.

In the M40/M45 race, Clayton's Mark Aspinall commanded the lead by the end of the first kilometre over the undulating course at Sherdley Park. He won 36 seconds clear of second placed Alex Rowe (Wesham). Ken Moss is strong as ever and came through strongly on the second lap to win M45 gold and place 3rd overall.

The Northern Veterans have created a 10-race grand prix series based on monthly runs and championships, with final scores being calculated on each runner's best 5 performances. There are two separate competitions, based on handicaps and age-graded results. The series kicked off at the monthly run at Stockton Heath on March 3rd, with an overall win from Mark Aspinall (Clayton), and a handicap win by Andy Heathcote (Altrincham). The best age-graded performance was by James Beesley (NVAC).

## SCVAC

The first real year of the Millennium started for SCVAC's runners on January 21st with the first Grand Prix event which was incorporated into the 50th Mitcham 25km race.

Pride of place should go to Alison Fletcher who was second woman with 96:24 which was worth 83.83% on the age graded scale. However, Owen Phipps at age 54 recorded 96:57, equating to 84.16% and leads the Men's list.

The T&F performers showed their talents at the indoor championships at Thames Valley Stadium, Eton on February 4th. Two British records were broken: Margaret Coombes improved her own W55 Pole Vault mark to 1.80 and John Robinson soared over 1.25 in the high jump for the M70 record.

March 4th was a bitterly cold day at Lloyd Park but 60 diehards faced the starter for the CC championships. New vet Franklyn Young-Martiss was the impressive winner while Invicta/EastKent club mate John Wilkins took the M45 age group. *Cont'd page 17*



BRITISH VETERANS ATHLETICS FEDERATION

**OPEN 10 MILES ROAD CHAMPIONSHIP**Held in conjunction with the Croxdale 10, promoted by Durham City Harriers  
(and incorporating the Veterans North East 10 Mile Championship)**Sunday 24 June, 2001, at Tudhoe, nr. Durham City at 10.30am**

Accurately measured 2.5 mile lap course - scenic, mostly rural, undulating. Changing, parking, and refreshments at Tudhoe Grange Comprehensive School, St. Charles Road, Spennymoor, nr. Durham, 5 minutes jog from start/finish on Tudhoe Green. BVAF medals to first three in each five year age group and to first three overall: M40-49, M50-59 (4 to score), M60+; W35-44, & W45+ (3 to score). BVAF entrants also eligible for prizes in the open event.

Entry Fees: £6.50 BVAF\* (non-affiliated or unattached £5.50) includes entry into VAANE Championships for VAANE members only. Entry closes 18 June. Send all entries for Championship events - to: Mike Abbotts, D. 4, 118 Cantley Road, Durham, DH1 5QZ

Full name/title .....

DoB ...../...../1..... on 24 June .....

Address .....

.....

Post Code .....

Tel. No..... M/F

UK Athletics Club .....

Area Vet. Club (eg EVAC) .....

Veteran No.....

I enclose a cheque payable to Durham City Harriers for £.....

I understand that the organisers of this event will not be responsible for any loss or injury to myself and I agree to abide by UKA Laws.

Signed .....

Numbers issued on day: s. a. e. (9"x 6") for confirmation, travel details, etc.

**Travel 2001**

WGT, the official travel agent of the British Veterans Athletic Federation are

offering special arrangements and competitive costs for the

**World Athletics Championships**  
**Brisbane, Australia - 4th-14th July**

Brochures are NOW AVAILABLE

Call or write NOW for your copy

WGT Sport

Tel : 0121 456 1976

Fax: 0121 456 5898

E-mail: [wgt sport@btconnect.com](mailto:wgt sport@btconnect.com)

6 The Apex, Harborne Road

Edgbaston, Birmingham

B15 3AA





# veteran**ATHLETICS** Volume 1, Number 54

67 Goswell Road, London EC1V 7EN Tel: 020 8677 1303 Fax: 020 7251 9045  
**Editor:** Geoff Harrold, 208 Lampits, Hoddesdon, Herts EN11 8DU. Tel: 01992 443904;  
 email: geoffh@london-marathon.co.uk

**Editorial Board:** Jack FitzGerald, Sylvester Stein, Les Brown, Bob Belmore. Pat Green, Bridget Cushen  
**Fixtures:** Brenda Burton, 22 Chandlers Way, Steyning, West Sussex, BN44 3NG  
**Advertising:** Bridget Cushen Tel: 020 8683 2602. **Production/Design:** Geoff Harrold  
**Subscription Rates:** £10 per annum (4 issues), issued free to members of affiliated clubs,  
**VETERAN ATHLETICS** is an official publication of the British Veterans Athletic Federation and of the World Association of Veteran Athletes. The editorial policy is not, unless otherwise stated, that of the BVA or WAVA. Unsolicited material for publication in **VETERAN ATHLETICS** is welcomed, preferably typed but legible handwritten copy will be accepted - do **not** type in CAPITAL letters. Copy submitted on floppy disks or as email attachments should be saved as Text Only or Save For Mac **and be accompanied by a hard copy.** If you desire the return of photographs and/or editorial matter, please enclose a stamped addressed envelope. **VETERAN ATHLETICS** accepts no responsibility for lost or damaged material. Correspondence intended for the letters column is published at the editor's discretion. This newspaper is mailed to BVA Registered Athletes at home addresses supplied by Area Secretaries.

## BRITISH VETERANS ATHLETICS FEDERATION

**Website:** [www.veteran-athletics.freemove.co.uk](http://www.veteran-athletics.freemove.co.uk)

**President:** Keith Whitaker. **Life Vice Presidents:** Norman Ashcroft, Bridget Cushen, Barbara Dunsford, Jack FitzGerald, Ron Franklin, George Phipps, Sylvester Stein, Keith Whitaker, Tom Wood.

**Chairman:** Mick Statham, 6 Farman Close, Blythe Bridge, Stoke on Trent ST3 7RE.  
 Tel: 01782 394366; email: mick.statham@virgin.net.

**Assistant Chair-Policy Administration for Home and International Affairs (Vice Chair):**  
 Ron Bell, 25 Llwyn Menlî, Ruthin, Clwyd, N.Wales LL15 1RG.

**Secretary - Track & Field:** Maurice Doogan, 5 Stadium Street, London SW10 0PU.  
 Tel: 020 7352 2937; email: maurice@dooganconsulting.co.uk.

**Secretary - Road Running & Walks:** Peter Duhig, 42 Wimbotsham Road, Downham Market, Norfolk, PE38 9PE.

**Secretary - CC:** Philip Lee, 85, Parlour Close, Histon, Cambs, CB4 4XR. Tel: 01223 234856.

**Hon. Secretary:** Bridget Cushen, 156 Mitcham Road, West Croydon, CRO 3JE.  
 Tel: 020 8683 2602; email: bcushen@aol.com

**Women's Representative:** Chris Courtney, 10 Milner Crescent, Winlaton, Tyne & Wear NE21 6BN. Tel: 0191 4145604; email: w.courtney@cablenet.co.uk.

**Treasurer:** Danny Herman, Bow House, 3 Bow Green Rd, Bowden, Altrincham WA14 3LY

**Overseas Entries Coordinator:** Wendy Dunsford, 12A, Salisbury Road, Grays, Essex RM17 6BQ. Tel: 01375 391895 (before 10pm)

**Chairman of Records Committee:** David Burton, 22 Chandlers Way, Steyning, West Sussex BN44 3NG

**Administration Officer:** Jack FitzGerald, 67 Goswell Road, London, EC1V 7EN

**Website Administrator:** Chris Jager, Topspot, Hudson Road, Malmesbury, Wilts SN16 OBS.  
 Tel: 01666 823778; email: chrisjager@cwcom.net

## Secretaries of Affiliated Clubs and Associations

**Eastern VAC:** (General) Peter Chaplin, 1 Gunning Way, Cambridge. CB4 3AO.

(Membership) Eva Osborne, 61, Damgate, Wymondham, Norfolk NR18 0BG. Tel: 01953 604501

**Isle of Man:** Christine Bathgate, Kerrowglass, Kirk Michael, Isle of Man IM6 1HP. Tel: 01624 878768

(Membership) Peter Cooper, Woodheights, Knocksharry, German IM5 2AG. Tel/Fax: 01624 842477.

**Midlands VAC:** (General) E C Nichols, Rainbow Cottage, 15 Meadow Lane, Alvechurch 848 7LH

(Membership) C Simpson, 87 Willow Road, Solihull B91 1UF. Tel: 0121 705 5139

**Northern VAC:** (General) Chris Wood, 1 Claremont Avenue, Lancs BB7 1JN. Tel: 01200 423552

(Membership) J H Linley, Riversdale Cottage, Ffordd-y-Felin, Treuddyn, Mold CH7 4BD. Tel: 01352 771543

**Veterans AA-NE:** (General) Harry Mathews, 17 Homedale, Prudhoe, Northumberland NE42 5AY.

(Membership) Val Hancock, Low Dryburn Farm, North End, Durham DH14NJ

**Northern Ireland:** Drew Crawford, 1 Wilmont Park, Dunmurry, Belfast BT17 9JW. Tel: 01247 624296

**Scotland:** (General) A Muir, 46, Riverside Gardens, Clarkston, Glasgow G76 8EP. Tel: 0141 644 5448

(Membership) E Parsons, 2308 Great Western Road, Glasgow G15 6SF

**Southern Counties VAC:** (General) E Shirley, 2 Ladbrooke Close, Pinner, Middlesex HA5 5LR

(Membership) V Thompson, 18 Albany House, Boyfield St. London SE1 0SB. Tel: 020 7928 9577

**South West VAC:** D G Lord, Old Lord Nelson, 52 North Street, Wareham BH20 4AQ.

(Membership) Ken Ballam, 152 Spring Road, Bournemouth, Dorset BH1 4PX.

**Veterans AC:** (Membership) G Mellor, 9 Goose Close, Princes Park, Walderslade, Chatham, Kent ME5 7RH

(General) Dennis Williams, 82 Prince Georges Avenue, London SW20 8BH. Tel: 020 8543 6112

**Welsh VAA:** (General) John Kersting, Foreshore, 57/59 Elgin Rd. Pwll, Llanelli, Carmar. SA15 4AF

(Membership) Sue Hooper, 10 Woodland Avenue, Pencoed, Mid Glamorgan CF35 6UP

**VAA of England:** Mrs. I. Nicholls, Rainbow Cottage, 15 Meadow Lane, Alvechurch, 848 7LH

## WORLD ASSOCIATION OF VETERAN ATHLETES (Affiliated to IAAF)

**President:** Torsten Carlus, Smalandsgraten 25, S-25252, Helsingborg, Sweden.

**Executive Vice President:** Tom Jordan, 2110 Fairmount Boulevard, Eugene, OR 97403, USA.

**Vice President (Stadia):** Jim Blair, 43 Emslie Road, Pinehaven, Upper Hutt, New Zealand.

**Vice President (Road):** Ron Bell, 25 Llwyn Menlî, Ruthin, Clwyd, N Wales LL15 1RG.

**Member of the Council:** Cesar Moreno Bravo,

**Chairman IAAF Veterans Committee:** Camino A La Piedra Del Comal 24, Col Tepepan, 16020 Xochimilico DF, Mexico.

**Secretary:** Monty Hacker, 115 Froome Rd. Athol, 2196 Sandton, South Africa.

**Treasurer:** Guiseppe Galfetti, Bahnhofstrasse 1, CH-8956 Killwangen, Switzerland.

**Chairman of Records Committee:** Willi Koster, Haydnstrasse 28, D-64 347 Griesheim, Germany.

**Women's Delegate:** Bridget Cushen, 156 Mitcham Road, West Croydon, CRO 3JE. Tel 020 8683 2602.

# YOUR LETTERS

The letters column of VETERAN ATHLETICS is open to all to express their opinions on any subject of interest to our readers. The editor reserves the right to shorten any letter - without altering the meaning - for space reasons. Please address your letters to: The Editor, Veteran Athletics, 208 Lampits, Hoddesdon, Herts EN11 8DU. E-mail: geoffh@london-marathon.co.uk

## WHEN IS A RECORD NOT A RECORD?

Like the new format - a good read and stylish magazine.

A bit disappointed to note that in spite of breaking the Vets indoor W35 record two years in succession (9:16.89 in 2000), your records still show Ms Asgill's fine performance as the British best.

However, maybe this is a reflection of the fact that my time was run in open competition and was good enough to win the AAAs indoor senior title. In fact, looking at the World record for W35 3000m, I can see a pattern emerging that implies that W35 is, in fact, worthy of being treated as open competition.

Regina Jacob's 8:39 is just outside the outdoor performances of Britain's two most talented 5000m runners - Paula Radcliffe and Jo Pavey. Once again, evidence that justifies saying that it is time to move women's and men's veteran age groups into line with a common age 40 threshold!

This is a view that was supported by the questionnaire completed at the National Women's relays by the generation of women who will be our next veterans. It is also the view of our nearest comparable "developed" competitive nation, the USA, who use W40 at all road races and only observe a "sub-masters" category to align with WAVA competition.

The South of England has grasped this nettle as have a number of road races - how long before others realise that this is the right way to go?

**Zara Hyde Peters**

## AND...

Last year I wrote to David Burton on behalf of my club-mate and fellow race walker, Maureen Spelman. He was able to help in one respect but when it came to indoor records he was unable to clarify our query.

At the British Vets Indoor



Championships last year, Maureen (W65) produced a time of under 19 minutes to take the world record. However, the W65 British record stands at 17:38.4 - held by Mary Worth. Maureen couldn't understand this, as you can imagine. The records published in VA55 show the W65 3000m Walk world record as 19:06.8.

I am writing to you partly on Maureen's behalf and partly to satisfy my own curiosity. Maureen, I am sure, will be wondering why her name does not appear on the list as the current world record in her age group. I am wondering why Mary Worth's name is not listed W65 world record holder.

How can an athlete hold a world record and yet be considerably slower than the British record?

**Ann Lewis.  
Camberley**

### ...WHAT'S MORE!

Perhaps you can pass the following information to the compiler of the Indoor lists in VA55?

"Shot W40 J. Kerr 13.75 - .89." This mark was actually 13.78 at Crystal Palace on 14th January 1989.

Also, "60mH W40 J. Vernon 8.8 - -". A quick glance at the world records shows this mark to have been made on 01.04.86.

**Brian Hatch  
Ongar**

### INDOOR T&F FIASCO?

I feel I must write regarding the recent Indoor Championships in Cardiff.

The venue was in general excellent, although I have some reservations about the 200m track as virtually all the times were poor compared with previous championships at Birmingham. Maybe it was an optical illusion but the banking did not seem steep enough, making it difficult to hold the bends.

The timetable, however, was a complete fiasco. With one and a half days available, this should have more than compensated for the loss of two days. However, by the time the finals of the 200m was reached, the programme was nearly 2 hours behind schedule

and many were getting thoroughly fed up.

Despite the delays some events seemed to allow for little recovery between rounds.

I was involved in the M40 200m and only had approximately one hour rest between the heat and semi-final, and only 30 minutes between semi-final and final. The latter rest period was, in fact, less than the minimum required (I know this to be correct because I set my stopwatch).

How are we expected to perform at our best with a schedule as tight as this? Remember, we are not as young as we used to be.

The blame I can only assume lays with our newly appointed track and field secretary. I understand positions within the BVA are retained until a person resigns. Is this correct? If so, I think it is about time that all positions were re-elected on an annual basis so that they can be held to account for their failings. How can we as an organisation be taken seriously if we cannot even organise our main championships efficiently?

Could someone please advise me if it is possible to change the constitution or bring it to the vote at the next AGM.

**Kevin Burgess  
Great Yarmouth**

*Maurice Doogan replies:*

In reply to Kevin's letter I admit I got it wrong and the two days were woeful - a touch of Murphy's Law! We do not purposefully set out to make life difficult for athletes and officials alike. There is not enough space in the magazine to outline all the problems but I will precis the main ones that led to the others.

(i) The arena did not have the markings for veterans hurdle events.

(ii) The electronic timing malfunctioned for the first two hours of the meeting and was problematical throughout.

(iii) Late withdrawals of officials and other helpers.

(iv) ATHLETES not registering for their events as required.

After making two separate trips to Cardiff to check out the facilities and organisation, and the local organisers spending hundreds of hours on entries,

officials, hotels etc; spending the better part of three days altering and cross-checking the programme (not forgetting the endless hours dealing with queries) - for the meeting to go 'pear shaped'... Well, it is unprintable how I felt.

With regard to the final questions in Kevin's letter. The positions are re-elected annually and if Kevin would like to put his name forward - as he appears to think it is such a simple task - he has got my vote already. The position is actually nearer full-time than part-time and voluntary, just to be shot at. Great!

All that I can add is that if I cannot get it right by the coming AGM, I will not need to be pushed, I will have jumped or (more in keeping with the honorary position) fallen on my sword).

PS: Compared to this, training is a breeze. Oh, yes! That is what I use to do in my spare time.

### INDOOR PENTATHLON

Last year I competed in my first indoor pentathlon in the BVA Championships held at Birmingham. As a regular competitor outdoors I really enjoyed this indoor competition and was looking forward to competing in this year's indoor pentathlon. However, this has been denied to me.

At the outdoor Pentathlon in August 2000, Winston Thomas said that it would be unlikely that a Pentathlon would be run at this year's indoor as the programme did not allow sufficient time. When the entry form appeared in VA54 there was no Pentathlon, so I assumed there would not be one. There was also no mention of a Pentathlon in VA55 (in the small note on the walk and entry fees).

Now, much to my surprise and disappointment, a Pentathlon was held at the indoors in Cardiff. Could someone please explain why I was denied a chance to enter this competition and how I could have entered, what was definitely not a fully "open" competition.

**Malcolm Roberts  
Lichfield**

*Mr Robert's letter has been passed on to Maurice Doogan.*

### MORE BALANCE 3

Having read VA55 and the comments regarding gender representation within the magazine (More Balance Needed 1 and 2), may I refer you to a letter of mine which was published a long time ago in VA7?!

In this I recognised that through track, road and cross country there was likely to be an emphasis on running rather than field events. However, I pointed out that, "a quick survey of photographs (surely an indicator of trends) since the first issue, a period which includes British and World Track and Field Championships, reveals the following...". I then went on to indicate that there had been 78 running based photographs, 6 field event based photographs and 1 walking photograph.

I would then refer you to VA numbers 53, 54 and 55 which covers a full athletics year including British and European Track and Field Championships, in which there are no photographs of field event activities at all. Further analysis of contents (beyond event reports) might also indicate that there is still a tendency to emphasise running to a point which is, whilst not to the exclusion of all else, might perhaps be considered to be at a level which doesn't always cater for the specific interests of all the readers of Veteran Athletics. This, by definition of course, includes all the members within the sport.

**Sean Power  
Cardiff**

PS: With reference to the comments in issue number 55, I'm not too bothered whether the field event reports or pictures are of males or females for the moment, let's address the more basic athletics issue first please!

### RUN DON'T WALK

I was very concerned to learn that enquiries have been received from competitors who wish to walk the Marathon in WAVA Championships.

This is an unacceptable practice which would devalue our Championships and I have taken the following action:

1) Requested from the LOC in Brisbane that any enquiries are politely rejected. /cont'd p21



# WORLD AND BRITISH T&F OUTDOOR RECORDS

## UNITED KINGDOM (as of 22 November 2000)

### 100 METRES

<b>M40</b>	R Taylor	10.9	Hendon	11.06.78
	B Green	10.9	Wolverhampton	25.06.81
	S Peters	10.9	Kings Lynn	25.05.97
<b>M45</b>	C Williams	11.1	Hendon	11.06.78
<b>M50</b>	R Taylor	11.5	Warley	17.07.84
<b>M55</b>	R Taylor	11.57 +0.3	Baden	03.08.91
<b>W55</b>	E Linaker	14.24 +1.5	Gateshead	31.07.99
<b>M60</b>	R Taylor	11.70 +0.5	Athens	04.06.94
<b>M65</b>	A Meddings	12.71 +2.0	Miyasaki	15.10.93
<b>M70</b>	A Meddings	13.34 -0.3	Cesenatico	13.09.98
<b>M75</b>	C Fahey	15.16		
<b>M80</b>	C Fahey	15.79 +1.8	Exeter	10.08.96
<b>M85</b>	D McLean	16.3	San Diego	06.07.73
<b>M90</b>	D McLean	19.9	Gothenburg	.08.77
<b>W35</b>	M Kyle	12.2		
	J Kirby	12.2	Rotherham	15.08.93
<b>W40</b>	M Kyle	12.0		
<b>W45</b>	M Kyle	12.5		
<b>W50</b>	V Bonner	13.15 +0.0	Gateshead	31.07.99
<b>W60</b>	J Ogden	14.83	Birmingham	06.07.91
<b>W65</b>	J Ogden	14.84	Hendon	18.07.92
<b>W70</b>	M Wixey	16.59	Birmingham	06.07.91
<b>W75</b>	M Wixey	19.26 -0.7	Blackpool	28.06.97
<b>W85</b>	D Packham	48.40		

### 200 METRES

<b>M40</b>	S Peters	22.27 -0.1	Durban	23.07.97
<b>M45</b>	S Peters	22.21 +1.6	Gateshead	03.08.99
<b>M50</b>	R Taylor	22.91 -0.4	Malmö	.07.86
<b>M55</b>	R Taylor	23.37 +1.7	Budapest	06.07.92
<b>M60</b>	R Taylor	24.00 -0.3	Athens	10.06.94
<b>M65</b>	C Williams	26.06 +1.1	Cesenatico	18.09.98
<b>M70</b>	A Meddings	27.23 +0.4	Gateshead	03.08.99
<b>M75</b>	S Busby	31.8	Tooting	28.06.87
<b>M80</b>	C Fahey	35.05 -0.6	Exeter	11.08.96
<b>M85</b>				
<b>M90</b>	C Speechley	76.8	Barnet	10.06.79
<b>W35</b>	J Kirby	24.5	Edinburgh	29.08.93
<b>W40</b>	M Kyle	25.00		
<b>W45</b>	V Bonner	26.47 +1.1	Exeter	11.08.96
<b>W50</b>	V Bonner	26.52 +1.5	Gateshead	03.08.99
<b>W55</b>	B Colwell	30.3	Swindon	29.05.94
<b>W60</b>	J Ogden	30.62		
<b>W65</b>	J Ogden	31.75 +2.0	Exeter	11.08.96
<b>W70</b>	M Shone	33.19 +2.0	Exeter	11.08.96
<b>W75</b>	M Wixey	44.84 -2.1	Edinburgh	18.07.99

### 400 METRES

<b>W35</b>	G Bird	54.02	Haringey	18.06.88
<b>M40</b>	J Dixon	49.7	Crystal Palace	22.06.73
<b>W40</b>	M Kyle	55.3	Edinburgh	22.07.70
<b>M45</b>	S Peters	50.47	Cesenatico	16.09.98
<b>W45</b>	B Blurton	57.91	Buffalo	22.07.95
<b>M50</b>	R Taylor	51.8	Swansea	22.09.86
<b>W50</b>	J Hulls	64.06	Reading	09.07.89
<b>M55</b>	C Williams	53.98	Melbourne	05.12.87
<b>W55</b>	J Hulls	66.36	Crystal Pal	12.05.96
<b>M60</b>	S Brooks	58.31	Verona	26.06.88
<b>W60</b>	J Hulls	69.11	Gateshead	07.08.99
<b>M65</b>	C Williams	60.84	Gateshead	07.08.99
<b>W65</b>	M Shone	79.37	Bedford	16.06.94
<b>M70</b>	S Busby	69.93	Strasbourg	--.07.82
<b>W70</b>	M Shone	79.45	Malmö	22.07.96
<b>M75</b>	S Busby	72.2	W London	23.08.87
<b>W75</b>	G Bulger	119.4	Exeter	16.06.96
<b>M80</b>	G Oxbury	93.26	Bedford	17.07.94
<b>M85</b>	D Morrison	115.13	Gateshead	07.08.99

### 800 METRES

<b>M40</b>	P Browne	1-51.25	Ealing	19.08.91
<b>M45</b>	L Duffy	1-57.2	Solihull	18.05.91
<b>M50</b>	S Erlam	2-01.0	Stretford	10.09.91
<b>M55</b>	R Phipps	2-04.9	Sutton Coldfield	18.08.99
<b>M60</b>	H Tempan	2-15.2	W London	07.06.85
<b>M65</b>	H Tempan	2-21.0	Glasgow	14.07.90
<b>M70</b>	J Todd	2-34.35		
<b>M75</b>	J Todd	2-45.82	Durban	22.07.97
<b>M80</b>	G Porteous	3-26.1	Jarrow	29.07.95
<b>M85</b>	D Morrison	4-19.81	Gateshead	03.08.99
<b>M90</b>	J Farrell	4-38.99	Gateshead	03.08.99
<b>W35</b>	Y Joyce	2-07.91	Gateshead	03.08.99
<b>W40</b>	P Gallagher	2-13.02	Cwmbran	14.06.86
<b>W45</b>	B Blurton	2-14.92	Melbourne	16.02.96
<b>W50</b>	C Oxtan	2-21.9	London(CP)	24.07.96
<b>W55</b>	C Oxtan	2-22.47	Bedford	30.08.98
<b>W60</b>	K Stewart	2-54.2	Grantham	24.09.00
<b>W65</b>	T Borthwick	2-54.5	Hemel Hempst'd	28.07.96
<b>W70</b>	J Waller	3-36.14	Bedford	17.07.94
<b>W75</b>	J Waller	3-43.11	Durban	22.07.97

### 1500m

<b>M40</b>	R Bell	3-53.8	Stretford	23.06.87
<b>M45</b>	P Molloy	3-58.3	Watford	09.08.95

<b>M50</b>	S Erlam	4-09.0	Stretford	19.05.92
<b>M55</b>	H Tempan	4-23.3	Harlow	05.07.81
<b>M60</b>	H Tempan	4-36.04	Rome	--.06.85
<b>M65</b>	H Tempan	4-44.0	Solihull	10.06.90
<b>M70</b>	J Todd	5-12.51	Kristiansand	29.06.92
<b>M75</b>	J Todd	5-45.43	Durban	26.07.97
<b>M80</b>	G Porteous	6-39.4	Jarrow	29.07.95
<b>M85</b>	G Porteous	7-41.45	Gateshead	03.08.99
<b>M90</b>	J Farrell	9-23.24	Gateshead	03.08.99
<b>W35</b>	J Smith	4-12.0	Rome	06.09.74
<b>W40</b>	J Smith	4-20.7	Crystal Palace	24.05.78
<b>W45</b>	P Gallagher	4-40.97	Cardiff	01.06.91
<b>W50</b>	C Oxtan	4-48.78		--.96
<b>W55</b>	C Oxtan	4-57.4	Watford	26.08.98
<b>W60</b>	J Ross	5-51.16		
<b>W65</b>	J Ross	6-07.13	Miyasaki	16.10.93
<b>W70</b>	J Waller	6-47.68	Jarrow	17.07.93
<b>W75</b>	J Waller	7-29.3	Blackpool	28.06.97

### 5000 METRES

<b>M40</b>	M McLeod	14-15.9	Gateshead	27.05.92
<b>M45</b>	N Gates	14-42.67	Solihull	05.09.98
<b>M50</b>	A Amraoui	15-20.9	Exeter	31.08.99
<b>M55</b>	S James	15-44.1	Sheffield	07.05.94
<b>M60</b>	S James	16-24.0	Ormskirk	06.06.98
<b>M65</b>	W Marshall	18-02.12	Jarrow	17.07.93
	S Charlton	17-38.4 P	Tooting	21.06.93
<b>M70</b>	W Marshall	19-16.8	Edinburgh	18.07.99
<b>M75</b>	J Todd	20-00.13	Durban	23.07.97
<b>M80</b>	G Porteous	23-39.1	Coatbridge	13.08.94
<b>M85</b>	G Porteous	24-51.7	Edinburgh	18.07.99
<b>M90</b>	J Farrell	36-13.91	Gateshead	31.07.99
<b>W35</b>	S Brannan	16-08.15	Jarrow	04.06.89
<b>W40</b>	P Welch	16-13.8	USA	25.01.86
<b>W45</b>	B Cardy	17-09.3	Solihull	11.06.00
<b>W50</b>	J Stevenson	18-05.2	Chester-le-St	31.07.99
<b>W55</b>	M Loudan	19-43.07	Eugene	04.08.89
<b>W60</b>	J Ross	21-02.3	Reading	09.07.89
<b>W65</b>	J Ross	21-37.8	W London	14.08.93
<b>W70</b>	J Waller	23-21.1	Reading	04.10.92
<b>W75</b>	J Waller	26-22.55	Durban	22.07.97

### 10000 METRES

<b>M40</b>	N Gates	29-43.54	Crystal Palace	12.06.93
<b>M45</b>	N Gates	31-05.69	Bedford	04.07.98
<b>M50</b>	L Pressland	31-59.6	Reading	21.08.90
<b>M55</b>	L Pressland	33-10.69	Stretford	25.09.94
<b>M60</b>	P Morris	35-14.26	Hendon	19.07.92
	W Stoddart	34-51 P		
<b>M65</b>	S Charlton	36-48.8	Solihull	14.08.94
<b>M70</b>	S Charlton	39-24.09	Jarrow	04.08.99
<b>M75</b>	D Morrison	42-03.4	Coatbridge	09.09.89
<b>M80</b>	G Porteous	48-06.0	Greenock	17.09.94
<b>M85</b>	G Porteous	55-03.48	Gateshead	03.08.99
<b>W35</b>	P Welch	33-34.7	Birmingham	02.06.84
<b>W40</b>	J Smith	34-26.4	Hendon	27.02.80
<b>W45</b>	B Cardy	34-37.3	Watford	22.07.00
<b>W50</b>	J Stevenson	36-55.29	Edinburgh	18.07.99
<b>W55</b>	P Fletcher	42-12.8	Cwmbran	24.07.88
<b>W60</b>	J Ross	43-01.1	Reading	09.07.89
<b>W65</b>	M Loudan	46-19.40	Gateshead	03.08.99
<b>W70</b>	J Waller	48-10.98	Jarrow	18.07.93
<b>W75</b>	J Waller	54-44.8	Blackpool	29.06.97

### 3000 METRES STEEPLECHASE

<b>M40</b>	T Davies	9-03.5	Hannover	01.08.79
<b>M45</b>	T Davies	9-29.5		--.84
<b>M50</b>	M Morrell	9-58.2	Hendon	03.08.83
<b>M55</b>	M Morrell	10-52.83		

### 2000 METRES STEEPLECHASE

<b>W35</b>	V Boden	7-05.76	Bedford	17.07.94
<b>W40</b>	T Colebrook	7-20.85	Durban	27.07.97
<b>W45</b>	J Chambers	7-54.67	Gateshead	08.08.99
<b>W50</b>	M Auerback	8-44.15	Gateshead	08.08.99
<b>W55</b>	B Cushen	11-30.22	Durban	27.07.97
<b>M60</b>	M Morrell	7-03.8	Stretford	08.06.93
<b>M65</b>	M Morrell	7-57.90	Cesenatico	19.09.98

### 110 METRES HURDLES

<b>M40</b>	D Findlay	14.4	White City	01.08.49
<b>M45</b>	R Honey	15.47 +1.5	Portsmouth	26.08.00

### 100 METRES HURDLES

<b>W35</b>	J Vernon	13.95	Brighton	23.08.84
<b>M50</b>	B Ferguson	14.58	Athens	05.06.94
<b>M55</b>	B Ferguson	15.18 +0.7	Durban	23.07.97
<b>M60</b>	C Shafto	15.8	Sheffield	29.05.94
<b>M65</b>	I Steedman	17.41 -0.9	Miyasaki	10.10.93

### 80 METRES HURDLES

<b>W40</b>	J Harwood	11.68 -0.1	Hexham	17.05.98
<b>W45</b>	P McNab	12.65	Reading	09.07.89
<b>W50</b>	J Fail	13.02 -0.3	Portsmouth	26.08.00
<b>W55</b>	R Chrimes	14.87	Reading	09.07.89
<b>W60</b>	C Graham	16.02 +0.8	Durban	23.07.97

<b>M70</b>	L Williams	14.73	Kristiansand	--.06.92
<b>M75</b>	L Williams	18.24 +1.9	Cesenatico	14.09.98
<b>M80</b>	T Rawlinson	21.81 +0.3	Sheffield	12.09.99

### 400 METRES HURDLES

<b>M40</b>	H Moscrop	53.20	Gateshead	01.08.99
<b>M45</b>	J Dixon	56.1	Bristol	02.07.77
<b>M50</b>	W Lane	59.59	Brighton	--.08.84
<b>M55</b>	F Bush	64.04	Gateshead	01.08.99
<b>W35</b>	J Matthews	60.29	Gateshead	01.08.99
<b>W40</b>	D Clarke	65.33	Newport	11.07.98
<b>W45</b>	M Hocknell	65.9	Scunthorpe	18.06.94

### 300 METRES HURDLES

<b>W50</b>	M Hocknell	48.43	Athens	04.06.94
<b>W55</b>	J Hulls	55.20	Newport	11.07.98
<b>W60</b>	J Hulls	54.67	Gateshead	01.08.99
<b>M60</b>	J Arnold	47.00	Malmö	01.08.86
	C Shafto	46.1 H	Exeter	05.08.95
<b>M65</b>	I Steedman	49.52	Miyasaki	13.10.93
<b>M70</b>	L Williams	55.55	Kristiansand	02.07.92
<b>M75</b>	L Williams	69.86	Cesenatico	12.09.98

### LONG JUMP

<b>M40</b>	B Williams	7.42	Birmingham	01.06.96
<b>M45</b>	J Charlton	6.54	Miyasaki	07.10.93
<b>M50</b>	P Duckers	6.08	Stratford	23.07.94
<b>M55</b>	R Brown	5.77	Verona	30.06.88
<b>M60</b>	A Bateman	5.25 +1.9	Newport	11.07.98
<b>M65</b>	G Leete	4.79	Glasgow	14.07.90
	A Kalirai	4.96	Jarrow	18.07.93
<b>M70</b>	A Lovett	4.52	Solihull	09.06.91
<b>M75</b>	L Watson	4.12	Birmingham	06.07.91
<b>M80</b>	A Sutherland	3.14	Hendon	12.07.80
<b>W35</b>	S Longdon	5.86	Oslo	14.05.85
<b>W40</b>	C Filer	5.42 -0.3	Malmö	22.07.96
<b>W45</b>	M Kyle	5.13		
<b>W50</b>	M Kyle	5.04	Hannover	29.07.79
<b>W55</b>	S Wood	4.20 -0.2	Jarrow	31.07.99
<b>W60</b>	B Steedman	3.87	Bedford	16.07.94
	C Graham	3.87 +1.7	Exeter	10.08.96
<b>W65</b>	M Wixey	3.63		
	M Wixey	3.72 P	Split	30.05.87
<b>W70</b>	M Wixey	3.40		
	M Wixey	3.55 P	Birmingham	06.07.91
<b>W75</b>	M Wixey	2.92	Cheltenham	12.05.96



**BVAF OPEN NATIONAL TRACK & FIELD CHAMPIONSHIPS**

THAMES VALLEY ATHLETICS CENTRE, POCKOCKS LANE, ETON, BERKSHIRE.

**SAT/SUN 23RD-24TH JUNE 2001**

(UNDER IAAF/WAVA RULES)

**FIRST EVENT 9.30AM****SAT:** 100M, 400M, 1500M, 5000M, 300/400MH, HAMMER(W), SHOT(W), DISCUS(M), JAVELIN(M),  
LONG JUMP, HIGH JUMP(W), POLE VAULT(M), 3000M WALK**SUN:** 200M, 800M, 10000M, 80/100/110MH, 2000/3000M S'CHASE, DISCUS(W), JAVELIN(W), HAMMER(M),  
SHOT(M), TRIPLE JUMP, POLE VAULT(W), HIGH JUMP(M), 5000M WALK**Provisional Timetable together with Hotel Accommodation details will be posted on website after Easter:**  
([www.veteran-athletics.freemove.co.uk](http://www.veteran-athletics.freemove.co.uk))**Entry Fee:** Non-affiliated £9.00 first event. Affiliated: £7.00 first event. £5.00 each extra event.**CHEQUES AND POSTAL ORDERS MUST BE MADE PAYABLE TO 'Veterans A. C.'**Postal stamps are **NOT** acceptable as payment of entry fees☐ **MALE**

PLEASE USE CAPITAL LETTERS

☐ **FEMALE**

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Birth of Date \_\_\_\_\_ Age Group for Event \_\_\_\_\_

Telephone No. Home \_\_\_\_\_ Work \_\_\_\_\_

BVAF Affiliated Club EVAC IoMVAC MVAC NVAC NIVAC SVHC SWVAC SCVAC VAA-NE VAC WVAA (Please tick)

**Membership Number** \_\_\_\_\_**FOR NON-AFFILIATED ATHLETES ONLY**

I enclose a copy of my driving licence/Or copy of my Birth Certificate/Or copy of my Passport details

**EVENT PB2000/01**


**EVENT PB2000/01**


**Payment enclosed for Entry fees as follows:**

First Event	£9.00 for non BVAF Affiliated Member	£ _____
	£7.00 for BVAF Affiliated Member	£ _____
	Each subsequent Event £5.00	£ _____
<b>Total</b>		<b>£ _____</b>

I enclose a cheque/PO in sterling currency payable to Veterans A. C.

I hereby agree that the organisers shall not be liable for any accident, injury, loss or damage as a consequence  
Of my participation in the BVAF 2001 Track & Field Championships

Signed \_\_\_\_\_

Date \_\_\_\_\_

**Entries close 31st MAY 2001**

Entries to: Entries Secretary, 55 Middle Lane, London N8 8PE. (SAE for Confirmation of Entry/SAE for Hotel details)

**Supported by: PEAK PERFORMANCE (The Sports Science Newsletter)**





**the 'diet Coke' East Kilbride**

**[British Veteran Championships 2001]**

**13**

• 1 miles

**[lucky for some]**

**Sunday 17th June 2001 at 9.30am John Wright Sports Centre**

**A flat, fast road race, marshalled and policed with roads closed to traffic - beat your PB!**

**For more details phone 01355 806850 or visit our website...**

**[www.ekhalfmarathon.co.uk](http://www.ekhalfmarathon.co.uk)**



# (Scotland) Half Marathon 2001

“experience  
is  
everything”

the 'diet coke' East Kilbride  
Half Marathon 2000 was probably the  
best organised race I have taken  
part in, and I have been running for  
around 15 years!

Bob Proudfoot, age 55, runner from West Lothian

The pre-race and after race facilities  
were excellent, a very well organised  
event as you would expect from  
such a large sponsor. I highly  
recommend the event for the  
BVAF half marathon championships.

Terry Coyle, the winner of the veterans category  
the 'diet coke' East Kilbride Half Marathon 2000

- Under UK athletics rules and SAF permit
- Medal and T-shirt to all finishers

- British Veteran Championships 2001
- Wheelchair entrants



'diet Coke' and 'diet Coca-Cola' are registered trademarks of The Coca-Cola Company





# CHAIRMAN'S REPORT

## PETER DUHIG CALLS IT A DAY



Peter Duhig is retiring from his position as Road and Walks Secretary at the AGM in June. A great deal of time and hard work precedes any race, particularly a Championship event. We are all most grateful for his dedication to setting up BVAF championships over the past four years. We wish him every success with his business and hope he may find time to return to the executive at a future date.

The process of assessing integration of the BVAF into UKA is well in hand with Ron Bell in consultation with our area clubs and the AAA regions. We look forward to his report at the AGM in June.

The indoor Championships took place in Cardiff in February. There were some brilliant performances with a number of world records broken. This is an excellent facility with easy access from the motorway system and plenty of nearby hotels

I hope your training is going well in spite of the weather and the recent threat of Foot and Mouth disease cancelling events and restricting access to the countryside. We all look forward to the spring and summer competitions on the road track & field.

Enjoy your athletics

**Mick Statham**  
March 2001

## WHAT'S ON/FIXTURES

### INTERNATIONAL

- 28/29 Apr European Non-Stadia Road Runs & Road Walks, Malta Cd 10/2.
- 17 June INTERLAND Match, Ashford, Kent
- 4-14 Jul WAVA Championships, Brisbane, Australia. Cd 5/3.

### NATIONAL

- 12 May BVAF Open Road Relays, Sutton Park, Entries D Withers
- 19 May BVAF 20K Walk, M&W, Sutton Park
- 28 May BVAF 50K Walk, M&W, Bradford
- 17 June BVAF Half Marathon Championships, East Kilbride
- 22-24 Jun BVAF T&F Champships, Eton
- 24 June BVAF 10 miles Road, Croxdale, Durham **CANCELLED**
- 12 Aug BVAF Pentathlon & 10K Track Walk M&W & Pentathlon, Solihull, Entries P Owen
- 18 August BVAF 30K Road Walk, Warwick
- 26 August BVAF BVAF 5K Road Championships, Milton Keynes
- 1 Sept BVAF 10K Road Walk, M&W, Leicester
- 2 Sept BVAF Weights Pentathlon, Burton, Entries N Carter
- BVAF 10K Road Walk, Leicester (Mercury)
- 8-9 Sept BVAF Multi Events Woodburn Rd, Sheffield Entries J Charlton
- 16 Sept BVAF 10K Road Championships (incorporating Inter-Area 10K), Battersea
- 23 Sept BVAF Marathon Championships, Manchester
- 30 Sep Inter-Area T&F, Bristol (possible date/venue)

### NORTH

- 25 April T&F League, Cleckheaton
- 29 April Monthly Run 10K Road & Track, Sankey Sports Ground, Hood Lane, Warrington
- 8 May Track & Field League, Warrington
- 20 May 10K Championships, Clitheroe
- 27 May Half Marathon Championships, Ashton-u-Lyne
- 10 June T&F League (Open Vets meeting), Blackley
- 17 June NVAC 10k Road Championships, Edisford Bridge, Clitheroe, 1pm
- T&F Championships, Warrington

- 20 June Field Events, Burnley
- 3 July T&F League, Burnley
- 8 July Monthly Run 10k Trails, Radcliffe
- 12 Aug 10k Road & Paths, Irlam Steel Recreation & Social Club, Liverpool Rd. Irlam
- 22 August T&F League, Cleckheaton
- 9 Sept 10K Track Championship, TBA
- 23 Sept 4 Mile Fell race, Langollen
- 30 Sept Monthly Run, Edgeworth

### NORTH EAST (VAA-NE)

- 9 May Open Vets Standards, Monkton, 6.45pm
- 23 May NE Track & Field Series No. 1, Monkton, 7pm
- 6 June NE Track & Field Series No. 2, Monkton, 7pm
- 17 June NE Track & Field Championships, Monkton, Field 11.30am, Track 1pm
- 30 June NE Track & Field Series No. 3, Monkton, 1pm
- 15 July NE Track & Field Series No. 4, Monkton, 1pm
- 28 July Inter-Club Cup/Track and Field Series No. 5, Monkton, Field 12.30pm, Track 1pm
- 8 Aug Venmore Meeting with Open Vets Throws, Monkton, Field 6.45pm
- 19 Aug Open Vets Throws Competition, Silksworth 11.30am
- 29 Aug NE Track 10k/5k Championships with Vets Open Throws, Monkton, 6.45pm
- 1 Sept Vets NE v Scottish Vets, Monkton, Field 12 noon, Track 1pm (Prov)
- 8 Sept Pentathlon Championships, Monkton 1pm with Open Vets Throws & Hurdles
- 16 Sept Open Vets Throws Competition, Silksworth, 11.30am
- 30 Sept Multi-Throws Competition, Monkton, 1pm
- 14 Oct Open Vets Throws Competition, Silksworth, 11.30am

### MIDLAND

- 10 June MVAC Track & Field Championships inc 5K Track Walk M&W, Solihull. Entries M Priestman
- 12 Aug MVAC 10k Track Run, Walk & Pentathlon, Solihull, Entries to Phil Owen



## RESULTS

## SOUTH

- 25 Apr VAC & County 10k Walk Championships, Battersea Park 7pm
- 30 Apr 1st Southern Track & Field League meeting. Various Venues, 6.30pm
- 7 May SCVAC 10k Road Championships & Grand Prix in conjunction with "Ted Pepper" Memorial race at Beckenham. Entries £4 + £1 for SCVAC Champs to R Coles, 122 Romsey Ave. Fareham, Hants PO16 9SZ (send SAE) cd 29/4
- 9 May VAC Track & Field Meeting, Battersea, 7pm
- 14 May 2nd Southern Track & Field League, 6.30pm
- 15 May VAC 5.2M Road Run & Walk, Battersea
- 4 June 3rd Southern Track & Field League, 6.30pm
- 10 June SCVAC Track & Field Championships, Battersea Park, Entries with SAE to S Connolly, 64 Goddard Ave. Swindon, Wilts SN1 4HS. Members £3 per event Guests £4 per event. Cd 21/5
- 12 June VAC 5.2M Road Run & Walk Championships, Battersea
- 17 July VAC 5.2M Road Run & Walk, Battersea
- 20 July VAC Track & Field meeting, Battersea, 7pm
- 22 July 4th Southern Track & Field League, 6.30pm
- 8 August VAC T&F meeting, Kingsmeadow
- 14 August VAC 5M Road Run & Walk + 1M Race, Battersea
- 26 August VAC T&F Championships, Kingsmeadow
- 6 Sept VAC 10K Track Championships, Battersea

## SOUTH WEST

- 8 Apr SWVAC Falmouth 10k, 1100 hrs
- 29 Apr SWVAC 'Marwell' Zoo 10k Championships, Eastleigh, Hants 1100 hrs
- 13 May SWVAC 'Newquay Playgroup' 10M, 1100 hrs
- 3 June SWVAC Poole Festival 10k, 1400 hrs
- 17 June SWVAC Track and Field Championships, Exeter Arena, Devon, 1000 hrs (inc AGM 1800 hrs)
- 24 June SWVAC Torbay 13.1m, Paignton, Devon 1000 hrs
- 1 July SWVAC Portland 10m, Dorset, 1100 hrs
- 26 Aug SWVAC 'Battle of Sedgemoor 10k' Langport, Somerset, 1100 hrs
- 2 Sept SWVAC Calne 10k, Wilts, 1100 hrs.

## WALES

- 8 May SWVAA Track and Field League, Neath
- 10 June SWVAA Track and Field League, Leckworth, Cardiff
- 10 July SWVAA Track and Field League, Neath
- 8 Aug SWVAA Track and Field League, Leckworth, Cardiff
- 12 Aug WVAA Track and Field Championships, Leckworth, Cardiff

## SCOTTISH

- 28 Apr Glen Bash 10K Road Race, Fort William, 2.30pm
- 29 Apr Lochaber Marathon, Fort William, SVHC Champs, 12 noon

## ISLE OF MAN

- 13-15 Apr IOMVAC Easter Festival 3 races in 3 days, Contact Joan Powell 01624 672009
- 14 Apr IOMVAC Manx Mountain Marathon 30.5 miles fell run Contact Ritchie Stevenson 01624 629267
- 29 Apr IOMVAC End to End 35 mile walk, Contact Allan Callow 01624 672159
- 23-24 June IOMVAC 84 miles Parish Walk, Contact Elizabeth Corran 01624 674566
- 12 Aug IOMVAC Marathon/Half Marathon, Contact Peter Cooper 01624 842477
- 12-17 Aug IOMVAC Road Running Grand Prix, 5 races in 6 days Contact Terry Bates 01624 672820
- Sept Open 10 miles Walk, Contact Mike Gellion -1624 834822
- 30 Sept IOMVAC TT Course Relay Walk, 37 miles 4 legs relay walk Contact Allan Callow 01624 672159

## July 17-18

BVAF INDOOR T&F CHAMPIONSHIPS  
CardiffMEN  
M40

- 60m: 1 P Delbaugh (SCV) 7.21; 2 K Burgess (EV) 7.28; 3 A Huskisson (EV) 7.33; 4 B Morris (VAC) 7.48; 5 E Smart (NEV) 7.48; 6 S Enright (SCV) 7.83; 7 I Scholes (NV) 7.86.
- 200m: 1 Smart 23.27; 2 Delbaugh (SCV) 23.65; 3 G Sinclair (MV) 24.10; 4 Burgess 24.97.
- 400m: 1 K Bentham (SCV) 50.45 (ER M40); 2 F Scott (NV) 52.95; 3 A Bryce (SVH) 53.68; 4 K Sankofa (SCV) 53.72; 5 B Morris (VAC) 54.81.
- 800m: 1 P Ivens (MV) 2:03.36; 2 A Bryce (SVH) 2:03.46; 3 T McDonald (NV) 2:03.93; 4 R Daniels (VAC) 2:05.51; 5 R Holland (VAC) 2:06.42.
- 1500m: 1 R Creed (VAC) 4:12.64; 2 McDonald 4:14.43; 3 Holland 4:15.46; 4 R Jenkin (SCV) 4:17.36; 5 K Pye (MV) 4:26.29.
- 3000m: 1 M Roberts (NV) 8:54.05; 2 B Jones (WV) 9:17.71; 3 Jenkin 9:21.70.
- 60mH: 1 I Scholes (NV) 9.2; 2 C Pengelly (SWV) 10.1.
- HJ: 1 C Hesketh (NV) 1.75; 2 J Bancroft (SCV) 1.72; 3 G Vorgic (MV) 1.60.
- PV: 1 J Taylor (NV) 3.80.
- LJ: 1 T Wade (SCV) 6.19; 2 B Morris (VAC) 5.80; 3 R Huskisson (EV) 5.28.
- TJ: 1 A Earle (MV) 12.64; 2 D Dixon (NEV) 12.32; 3 Morris 11.54; 4 P Kingston (SWV) 11.37; 5 S Wallace (SVH) 11.16.
- SP: 1 R Earle (EV) 13.59; 2 C Smith (VAC) 13.38; 3 N Winchcombe (EV) 12.20.
- 3000mW: 1 P Murphy (IRL) 14:46.3.
- Pentathlon (60mH, LJ, SP, HJ, 1000m): 1 J Mayor (EV) 3207 (9.30, 5.38, 8.10, 1.66, 3:02.49); 2 B Slaughter (SCV) 3071 (19.33, 5.99, 11.76, 173, 2:56.74).
- M45
- 60m: 1 D Elderfield (SCV) 7.37; 2 J Hamilton (MV) 7.55; 3 W Franklyn (SCV) 7.59; 4 A Ross (SCV) 7.57; 5 R Cawson (MV) 7.68; 6 R Watkins (SCV) 7.98.
- 200m: 1 V Oliver (MV) 24.06; 2 Hamilton 24.48; 3 I Broadhurst (NV) 24.80; 4 Cawson 24.98.
- 400m: 1 Elderfield 52.86; 2 Oliver 54.35; 3 O D Anderson (IoMV) 56.07; 4 Broadhurst 58.75.
- 800m: 1 D Wilcock (VAC) 2:04.03; 2 K Archer (NEV) 2:08.06; 3 P Coventry (MV) 2:12.18; 4 J Rutherford (VAC) 2:14.30; 5 M Hill (VAC) 2:15.43.
- 1500m: 1 D Wilcock (VAC) 4:12.52; 2 K Archer (NEV) 4:13.97; 3 D Gee (NV) 4:18.81; 4 D Bedwell (MV) 4:22.39; 5 D Jones (MV) 4:40.71.
- 3000m: 1 N Gates (VAC) 8:46.71; 2 Gee 9:06.60; 3 M Flower (SCV) 9:14.98; 4 Wilcock 9:24.74; 5 A Jenkins (SVH) 9:27.62.
- 60mH: 1 D Talbot (SCV) 11.2.
- HJ: 1 Talbot 1.60; 2 P Oakes (SCV) 1.55.
- PV: A Williams (SCV) 4.33 (UK M45 rec); 2 Oakes 3.40; 3 T Thompson (WV) 13.00.
- LJ: 1 P Bell (EV) 5.10.
- TJ: 1 G Gallagher 12.41; 2 R Gibbins (unatt) 10.82; 3 Broadhurst 10.23.
- SP: 1 I Lindley (NV) 13.81 (UK M45 rec); 2 M Fenton (EV) 13.66; 3 M Small (SCV) 13.22; 4 S Archer (SCV) 12.25.
- 3000mW: 1 C Bradley (WV) 13:48.1.
- M50
- 60m: 1 P Pinnington (SCV) 7.80; 2 R Salter (NV) 7.99; 3 B Williamson (WV) 8.01; 4 B Bostock (EV) 8.09; 5 M Clerihew (SVH) 8.10; 6 D Wallington (EV) 8.26; 7 G Barrstt (NV) 8.31.
- 200m: 1 R Minting (SWV) 25.68; 2 Bostock 26.16; 3 T Wells 26.20.
- 400m: 1 Minting 55.99; 2 P Anthony (MV) 58.44; 3 D Wardle (VAC) 60.82.
- 800m: 1 S Hallon (MV) 2:07.64; 2 K Short (MV) 2:09.50; 3 Minting 2:09.50; 4 A Peers (NV) 2:11.41; 5 D Wardle (VAC) 2:23.16.
- 1500m: 1 Hallon 4:34.90; 2 R Elliott (MV) 4:36.03; 3 K Daniel (VAC) 4:36.99; 4 S Knight (VAC) 4:41.30; 5 B Higgins (MV) 4:42.42; 6 K Bell (EV) 4:44.32; 7 P Smith (MV) 4:45.73.
- 3000m: 1 R O'Keefe (NV) 9:29.50; 2 Daniel 9:46.81; 3 M Smedley (MV) 10:17.65.
- 60mH: 1 T Wells (EV) 9.1; 2 T Lewis (SWV) 9.5; 39 Morris (EV) 10.8.
- PV: 1 T Lewis (SWV) 3.10; 2 Morris 3.10; 3 B Hendrie (MV) 3.00.
- LJ: 1 M Jsmes (SCV) 5.54; 2 Clerihew 5.47; 3 Wallington 5.31; 4 Morris 5.05.
- TJ: James 11.47; 2 Wllington 10.49; 3 Clerihew 10.33.
- SP: 1 N Griffin (SCV) 14.84; 2 M Bousfield (NV) 13.79; 3 B Gillo (SWV) 12.54.
- 3000mW: 1 D Henley (MV) 14:47.1.

Pentathlon: 1 J Chsrilton (NV) 3954 (9.24, 5.70, 10.83, 1.48, 3:13.89); 2 M Corden (NV) 3792 (9.59, 5.14, 12.07, 1.51, 3:18.52); 3 I Dunn (MV) 2450 (11.93, 4.33, 6.77, 1.27, 3:25.41).

## M55

- 60m: 1 J Henson (NV) 8.07; 2 C Sealy (MV) 8.09; 3 D Brown (MV) 8.30; 4 T Ryan (SCV) 8.31; 5 J Bartlett (MV) 8.42; 6 B Ferguson (VAC) 8.68; 7 J Sloan (SVH) 8.84.
- 200m: 1 G Sutton (WV) 25.70; 2 Henson (NV) 26.13; 3 Sealy 27.92.
- 400m: 1 Henson 59.22; 2 A Eland (NV) 61.71; 3 D Graves (SCV) 63.79.
- 800m: 1 Eland 2:18.56; 2 R Scholes (NV) 2:21.83; 3 B McKay (NEV) 2:31.51; 4 J Garber (EVAC) 2:34.67.
- 1500m: 1 Mackay 5:12.43; 2 Garber 5:18.28.
- 3000m: 1 V Hancock (SCV) 10:31.68.
- 60mH: 1 Ferguson 9.75.
- HJ: 1 S Power (WV) 1.60; 2 Sloan 1.34; 3 K Tugwell (NV) 1.34.
- PV: 1 J Bradley (MV) 3.30; 2 H Harlick (SCV) 2.90; 3 Tugwell 2.30.
- TJ: 1 Power 11.98.
- SP: 1 G Negus (SCV) 12.25; 2 S Brooks (SCV) 10.60; 3 Sloan 10.32.
- 1000mW: 1 P Hannell (SCV) 15:17.2; 2 B Dobson 17:20.5; 3 L Scrivens (MV) 17:26.4.
- Pentathlon: 1 P Harris (EV) 3609 (10.30, 4.63, 7.95, 1.45, 3:12.73); 2 D Graves (VAC) 2533 (12.28, 4.39, 6.11, 1.15, 3:35.23).
- M60
- 60m: 1 J Penwarden (MV) 8.33; 2 B Shearsmith (NV) 8.34; 3 R Smout (NEV) 8.51; 4 J Ross (SVH) 8.54; 5 A Carter (VAC) 8.65; 6 J Mills (NV) 8.73; 7 C Field (SCV) 8.97; 8 J Seed (EV) 9.00.
- 200m: 1 Shearsmith 27.61; 2 Carter 28.41; 3 Field 29.66.
- 400m: 1 Ross 60.60; 2 Shearsmith (NV) 64.96; 3 D Barrington (SCV) 66.02; 4 A Kimber (SCV) 68.11.
- 800m: 1 B Swindells (NV) 2:24.27; 2 Ross 2:24.32; 3 Kimber 2:33.25.
- 1500m: 1 Swindells 5:01.30; 2 F Gibbs (NV) 5:03.30; 3 L Hughes (WV) 5:08.52; 4 Kimber 5:12.82.
- 3000m: 1 Gibbs 10:15.64; 2 L Presland (SCV) 10:24.73; 3 Hughes 10:59.62; 4 S Cooney (IRL) 11:02.24; 5 J Collins (WV) 11:08.04; 6 T Pugh (WV) 11:12.46.
- 60mH: 1 Barrington 10.4; 2 Shearsmith 10.4; 3 A Bateman (SWV) 10.7.
- LJ: 1 Bateman 4.76; 2 Field 4.35; 3 T Driver (NV) 4.13.
- TJ: 1 Driver 9.40; 2 E Chambers (SWV) 8.44.
- SP: 1 P Hallett (EV) 11.48; 2 W Gentleman (SVH) 10.55; 3 J Walters (WV) 10.28; 4 Driver 9.40; 5 B Webb (WV) 9.26.
- 3000mW: 1 B Care (SCV) 15:58.0; 2 D Stevens 16:38.9.
- M65
- 60m: 1 A Mellett (MV) 8.46; 2 D Burton (MV) 8.53; 3 P Matthews (NV) 8.61; 4 B Gray (SCV) 8.75; 5 T Bowman (NV) 8.91; 6 D Herman (NV) 9.05.
- 200m: 1 Mellett (MV) 28.7; 2 Bowman 30.2; 3 Herman 31.0.
- 400m: 1 Bowman 69.76; 2 G Feast (VAC) 72.11.
- 800m: 1 P Dibb (NV) 2:48.64; 2 T Wyer (MV) 2:58.25.
- 1500m: 1 Dibb 5:15.36; 2 L Parrott (SCV) 5:16.14; 3 Wyer 5:56.51.
- 3000m: 1 Parrott 11:28.40; 2 Dibb 11:52.53.
- 60mH: 1 C Shafto (NV) 10.4 (UK M65 rec); 2 Bowman 10.5; 3 J Day (SCV) 11.8.
- HJ: 1 T Crocker (MV) 1.51 (UK M65 rec); 2 Day 1.24.
- PV: 1 Day 2.70; 2 B Stent (EV) 2.50.
- LJ: 1 Burton (MV) 4.61 (UK M65 rec); 2 J Evans (MV) 3.86; 3 C Sheppard (SCV) 3.79.
- TJ: 1 Crocker 10.09 (M65 UK rec); 2 J Phillips (SWV) 8.94; 3 Evans 8.90.
- SP: 1 B Strange (SCV) 10.31; 2 B Sumner (MV) 9.92; 3 C Taylor (VAC) 9.69.
- 3000mW: 1 C Stapleford (MV) 17:42.1.
- Pentathlon: 1 Shafto 3741 (UK M65 rec) (10.40, 4.03, 8.94, 1.42, 4:09.16)
- M70
- 60m: 1 C Williams (SCV) 8.52 (eq UK M70 rec); 2 A Meddings (MV) 8.78; 3 G Cheetham (MV) 9.00; 4 K Whitaker (NV) 9.71; 5 A Kalirai (SCV) 9.85; 6 J Hall (NV) 9.91.
- 200m: 1 Meddings 29.25; 2 Cheetham 30.46.
- 800m: 1 L Forster (VAC) 2:56.86.
- 1500m: 1 D Howarth (NV) 5:45.07; 2 W Davies (SWV) 5:47.55; 3 Forster 6:10.17; 4 A Walsham (NV) 6:34.76.
- 3000m: 1 Davies 12:11.85; 2 Walsham 13:36.72.
- 60mH: Whitaker 13.2.
- HJ/TJ: Kalirai 1.10/8.81.



# **RESULTS** continued from page 15

**LJ:** 1 Kalirai 3.74; 2 B Morrow (MV) 2.88.  
**SP:** J Hanus (SCV) 10.61 (eq UK M70 rec).  
**3000mW:** D Withers (MV) 18:56.2

**M75**  
**60m:** 1 D Adair (SCV) 9.21 (UK M75 rec); 2 J Quantrell (MV) 9.89.  
**200m/400m/800m:** Quantrell 33.92/79.75/32.52.  
**1500m:** 1 J Caddy (NEV) 6:56.33; 2 J Copping (EV) 7:12.22.  
**3000m:** Caddy 14:51.31.  
**3000mW:** L Creo (MV) 19:20.2

**M80**  
**60m/200m:** S Stein (SWV) 10.00/36.65  
**M85**  
**3000mW:** 1 G Mitchell (MV) 21:33.7  
**WOMEN**  
**W35:**  
**60m:** 1 J Money (NV) 8.27; 2 L Hopkins (SCV) 8.55; 3 C Bowman (NV) 9.33.  
**200m:** 1 J Mathews (SCV) 26.4; 2 L Gabriel (NV) 29.1; 3 A Onatade (SCV) 29.2.  
**400m:** 1 Mathews 59.82; 2 Gabriel 63.90; 3 Hopkins (SCV) 64.49.  
**800m:** 1 S Heath (SC) 2:17.81; 2 S Ramage (SVH) 2:22.89; 3 M Edwards (SCV) 2:23.20.  
**1500m:** 1 Heath 4:48.5; 2 P Atkinson (NV) 4:52.9; 3 Ramage 5:01.2.  
**3000m:** 1 L Marr (NEV) 11:07.58.  
**60mH:** 1 W Laing (NV) 9.4.  
**HJ:** 1 Laing 1.60.  
**LJ:** 1 Laing 5.02; 2 A Hesketh 4.42.  
**TJ:** 1 Laing 10.11; 2 Bowman 9.41; 3 Hesketh 9.27.  
**SP:** 1 Laing 10.71; 2 A George (MV) 10.50

**W40**  
**60m:** 1W Stone (EV) 8:33; 2 J Harwood (NV) 8:38; 3 D Timmis (EV) 8:40; 4 S McDonald (MV) 8:54; 5 M Laing (NV) 8:58; 6 A Brown (NV) 8:68; 7 G Clarke (EV) 8:76; 8 J Pryce (MV) 8:83.  
**200m:** 1 A Beadnall (NEV) 27.2; 2 McDonald 28.2 3 Timmis 29.1.  
**400m:** 1 A Brown 62.33.  
**800m:** 1 J Brown (SCV) 2:26.12; 2 D Howard (MV) 2:26.28; 3 A Wilson (SCV) 2:32.24; 4 L Flatman (NV) 2:37.09.  
**1500m:** 1 J Lasenby (EV) 5:44.68; 2 Howard 4:55.02 3 C Smith (SWV) 5:04.04; 4 S Tawney (MV) 5:05.64; 5 Wilson 5:24.61.  
**3000m:** 1 J Harris (SWV) 10:47.90; 2 Tawney 10:48.38.  
**60mH:** 1 M Laing (NV) 9.1; 2 Harwood 9.3; 3 G Clarke (EV) 9.7; 4 H Barker (NV) 10.0.  
**HJ:** 1 Laing 1.48; 2 Barker 1.5; 3 P Risk (NV) 1.35.  
**PV:** 1 A Goad (SCV) 2.20.  
**LJ:** 1 J Pryce (MV) 5.02; 2 Laing 4.86; 3 D Timmis (EV) 4.70; 4 Clarke 4.55; 5 Barker 4.31.  
**TJ:** 1 Pryce 10.82 (W40 WR); 2 Brown 10.77; 3 Laing 10.58 4 Clarke 8.71.  
**SP:** 1 A Hourihan (WV) 11.02; 2 Laing 10.38; 3 Barker 9.59; 4 W Dunsford (SCV) 9.46; 5 J Earle (SCV) 8.48.  
**3000mW:** 1 F Bishop (VAC) 18:14.9.  
**Pentathlon (60H, HJ, SP, LJ, 800):** 1 Brown 4000 [10.10, 1.63, 10.15, 4.87, 2:28.38]

**W45**  
**60m:** 1 H Godsell (SCV) 8.31; 2 A Mullinger (SCV) 8.63; 3 E Roe (SCV) 8.71; 4 A Wainwright (MV) 9.14.  
**200m:** 1 Godsell 27.97; 2 Roe 28.41.  
**400m:** Roe 64.47; 2 Wainwright 67.54.  
**800m:** 1 S Harris (EV) 2:31.89; 2 S Walsh (EV) 2:45.28.  
**1500m/3000m:** D Farnham [(SCV) 5:06.18/10:39.87.  
**60mH/HJ:** C Filer (EV) 9.57/1.51.  
**PV:** 1 Wainwright 2.60; 2 C James (SCV) 2.30; 3 J Stafford (MV) 2.20; 4 V Collier (NV) 1.80. **LJ:** 1 Filer 4.81; 2 A-G Howarth (NV) 3.66.  
**SP:** 1 Mullinger 6.35.  
**3000mW:** 1 A Wheeler (MV) 16:53.7.  
**Pentathlon:** 1 Filer 3995 (9.57, 1.51, 6.43, 4.73, 2:44.40).  
**W50**  
**60m:** 1 V Parsons (SCV) 8.60; 2 E McMahon (SCV) 8.78; 3 B Elliott (NV) 8.88; 4 M Waters (EV) 9.37; 5 J Browne (SCV) 9.53; 6 M Nuttall (WV) 9.54; 7 R Champion (SCV) 9.97.  
**200:** 1 Parsons 29.35; 2 Elliott 29.21; 3 Browne 32.10; 4 Waters 32.87.  
**400:** 1 C Marler (NV) 62.56 (W50 WR); 2 M Lewington (MV) 67.57.  
**800m:** 1 Marler 2:25.28 (W50 WR); 2 N Hitchmough (MV) 2:29.04; 3 S James (SCV) 2:44.24.  
**1500m:** 1 Hitchmough 5:01.91; 2 James 5:40.25.  
**3000m:** 1 M Moody (VAC) 12:17.66.  
**60mH:** 1 McMahon 10.10; 2 J Fail (SWV) 10.23; 3 P Oakes (SCV) 11.28

**HJ:** 1 Oakes 1.21.  
**PV:** 1 C Eames (SCV) 2.10.  
**LJ:** 1 Fail 4.55; 2 Nuttall 3.64; 3 M Curtis (NV) 3.50.  
**TJ:** 1 Fail 9.18; 2 Oakes 8.73; 3 Champion 7.46.  
**SP:** Curtis 7.77.  
**3000mW:** 1 A Lewis (SCV) 16:38.4 (UK W50 rec); 2 J King (MV) 17:11.7.  
**W55**  
**60m:** 1 E Linaker (SVH) 9.14.  
**200m:** 1 Linaker 31.15; 2 M Axtell (SCV) 32.95; 3 J Charles (MV) 35.45.  
**800m/1500m:** E Statham (MV) 3:01.67/5:28.65.  
**3000m:** 1 P Gallagher (MV) 11:09.82 (W55 WR).  
**60mH:** 1 M Simmonds (EV) 11.60; 2 Charles 12.41.  
**HJ:** Charles 3.15.  
**PV/SP:** M Coombe (SCV) 2.00 (UK W55 rec)/6.39.  
**LJ:** 1 Simmonds 3.84; 2 Charles 3.40.  
**TJ:** Simmonds 8.90 (W55 WR).  
**3000mW:** 1 J York (SWV) 19:16.9; 2 P Ficken (VAC) 20:40.5.

**W60**  
**60m:** 1 N Cross (VAC) 10.35; 2 M Webb (WV) 10.47.  
**200m:** 1D Fraser (NEV) 33.42; 2 Cross 36.21; 3 Webb 36.32.  
**1500m:** 1K Stewart (NEV) 6:00.61; 2 B Stracey (EV) 6:34.89; 3 B Cushen (VAC) 7:04.16.  
**3000m:** 1 Stracey 13:59.78; 2 Cushen 14:37.66.  
**LJ:** 1 E Williams (SCV) 3.55.  
**TJ:** 1 Cross 6.61.  
**SP:** 1 Williams 11.11; 2 Y Miles (SCV) 6.10.  
**3000mW:** J Langford (MV) 18:14.2  
**W65**  
**60m:** 1 R Chrimes (MV) 10.15; 2 B Steedman (SVH) 10.15.  
**200m/400m/TJ:** Steedman 36.50/76.35/6.82 (W65 UK rec).  
**HJ/SP:** Chrimes 1.21/10.88 (W65 WR).  
**3000mW:** M Spelman (VAC) 18:51.8  
**W70**  
**60m/200m/400:** B Green (SCV) 12.25/45.90/113.65 (W70 UK rec).  
**W80**  
**60m/LJ/TJ/SP:** M Wixey (MV) 12.43 (UK W80 rec) / 2.02 (UK W80 rec) / 4.38 (W80 WR) / 3.99.

**March 8-11**  
**EUROPEAN INDOORS T&F CHAMPIONSHIPS**  
**Bordeaux, France**

**MEN**  
**M40**  
**60m:** 1R Schremmel AUT 1.08; 2 K Burgess (GBR) 7.25; 3 B Dupuy FRA 7.33.  
**200m:** 1 Dupuy 22.68; 2 K Schaafsma NED 22.78; 3 S Kondoszek FRA 23.45.  
**400m:** 12 Roeske NED 50.58. 2 K Bentham GBR 50.61; 3 M Blenco ESP 51.39.  
**800m:** 1 P Monney FRA 2:04.01; 2 A Bryce GBR 2:04.34; 3 C Gomez-Cortada ESP 2:07.03.  
**1500m:** 1 F Yahiaoui FRA 4:12.04; 2 A De Pessier FRA 4:14.51, 3 M Fabre FRA 4:14.51 ... 5 T O'Connor IRL 4:19.58 ... 9 R Holland GBR 4:25.87.  
**3000m:** 1 T O'Connor IRL 8:41.18 (IR M40 rec); 2 F Yahiaoui FRA 8:42.70; 3 A De Pessier FRA 8:49.09 ... 7 M Roberts GBR 8:57.94 ... 12 C Brogan IRL 9:10.64 ... 19 D Colclough GBR 9:30.97.  
**60mH:** 1 T Cavalier FRA 8.68; 2 M Coker GBR 8.97 [ht: 8.9] 3 W Dalbaere BEL 9.80.  
**HJ:** 1 P Andre FRA 2.00; 2 C Klemenczak FRA 1.90; 3 P Panagos GRE 1.90.  
**PV:** 1 A Tsonis GRE 4.60; 2 P Patak SV 4.50; 3 K Giotopoulos GRE 4.40.  
**LJ:** 1 I Gaviencik SVK 6.80; 2 M Ziegler GBR 6.43; 3 J Dawo GER 6.13. **TJ:** 1 W Knebe GER 14.54; 2 R Cameron GBR 14.39; 3 I Slanar CZE 14.32.  
**SP:** 1 M Petrasko LAT 15.37; 2 J-P Melynas FRA 14.66; 3 M Leskoviansky SVK 14.16.  
**Pent [Age graded points - 60H, U, SP, HJ, 1000]:** 1 P Sladek SVK 3642 [9.26, 5.82, 9.83, 1.80, 3:00.54]; 2 B Torres FRA 3573 [8.88, 5.98, 10.10, 1.65, 3:06.59]; 3 P Zelz GER 3535 ... 6 B Slaughter GBR 3236 [9.86, 5.45, 11.12, 2:58.02] ... 15 J Barwick GBR 2171; 16 M Wayne GBR 2132.  
**3kmW:** 1 J Dusautoir FRA 13:27.42; 2 P Saurel FRA 13:42.38; 3 S Woegerbauer AUT 13:43.86.

**4x200m:** 1 France 1:42.99; 2 Germany 1:38.29; 3 Spain 1:37.66; 4 Great Britain 1:38.08  
**M45**  
**60m:** 1 D Elderfield GBR 7.37; 2 R Hill NED 7.40; 3 W Franklyn GBR 7.48 ... 5 A Ross GBR 7.68.  
**200m:** 1 V Oliver GBR 23.55; 2 Ross 23.97; 3 F Goeffers BEL 25.18.  
**400m:** 1 Elderfield 51.86; 2 Oliver GBR 53.25; 3 Franklyn 53.66.  
**800m:** 1 D Wilcock GBR 2:01.76; 2 G Mendez ESP 2:03.45; 3 J Venturini ESP 2:04.31;  
**1500m:** 1 P Faucheur FRA 4:11.16; 2 Wilcock GBR 4:12.03; 3 M Krempel SLO 4:18.36; 4 K Archer GBR 4:14.54.  
**3000m:** 1 Krempel 9:08.76; 2 P Faucheur FRA 9:10.69; 3 G Mendez ESP 9:18.43 ... 5 Archer 9:20.40 ... 16 V Rollason GBR 10:21.31 ... 18 G Murphy IRL 10:41.17.  
**60mH:** 1 H Kreiner AUT 8.57; 2 E Meier SUI 8.98; 3 P McIlfatrick GBR 9.13.  
**HJ:** 1 V Jarikov BLR 1.80; 2 J Lesniewicz POL 1.75; 3 J-C Andre FRA 1.75;  
**PV:** 1 W Ritte FRA 4.60; 2 A Williams GBR 4.30; 3 K-P Neuendorf GER 3.70 ... 5 D Blunt GBR 3.20.  
**LJ:** 1 J Vila ESP 6.53; 2 J Nikula FIN 6.43; 3 J Heras ESP 6.12.  
**SP:** 1 V Maganas GRE 14.73; 2 W Moustini FRA 13.41; 3 A Boisdorf FRA 13.35.  
**Pent:** 1 K-P Neuendorf GER 3900 [9.50, 5.63, 10.48, 1.70, 3:01.53]; 2 P Saile GER 3851. [9.35, 5.84, 9.57, 9.61, 2:59.08]; 3 P McIlfatrick GBR 3297 [9.30, 10.251 9.04, 1.55, 3:32.40] ... 5 T Hall GBR 2913 [10.31, 5.14, 7.35, 1.48, 3:24.13] ... 10 B Gibbs GBR 2200.  
**TJ:** 1 J Vila ESP 13.90; 2 W Walther GER 13.30; 3 D Laigre FRA 13.27.  
**3kmW:** 1 V Tokaryev UKR 13:12.96; 2 R Cervi ITA 13:27.41; 3 C Bradley GBR 13:41.85  
**M50**  
**60m:** 1 M Koch GER 7.84; 2 A Basurco ESP 7.75; 3 P Pinnington GBR 7.76.  
**200m:** 1 K Koch 24.29; 2 F Hohl AUT 24.3; 3 F Campomanes ESP 25.26.  
**400m:** 1 V Felicetti ITA 54.28; 2 R Minting GBR 54.65; 3 J Charlton GBR 57.75.  
**800m:** 1 Minting 2:08.78; 2 S Halton GBR 2:09.68; 3 B McKay GBR 2:11.57.  
**1500m:** 1 W Schmidt GER 4:28.37; 2 Halton 4:28.29; 3 S Knight GBR 4:34.85; 4 K Daniel GBR 4:38.20 ... 8 B Higgins GBR 4:45.15.  
**3000m** (2800m - 1 lap under distance): 1 R O'Keefe GBR; 2 Schmidt; 3 J Thomas FRA ... 5 Knight ... 12 B Higgins GBR.  
**60mH:** 1 E Longauer SVK 9.39 [ER]; 2 D Tisch GER 9.16; 3 G De Gand FRA 9.31.  
**HJ:** 1 I Korosi HUN 1.60; 2 H Hubl AUT 1.60; 3 F Moliner-Loriente ESP 1.55. **PV:** 1 E Dewil BEL 3.80; 2 S Taivassalo FIN 3.80; 3 Hubl 5.80 ... 7 B Hendrie GBR 3.00.  
**LJ:** 1 P Jorge ESP 5.96; 2 R Bozhayev UKR 5.88; 3 A Vittols LAT 5.80 ... 7 M James GBR 5.61; 8 P Pinnington GBR 5.53 ... 11 D Wallington GBR 5.41.  
**TJ:** 1 Vttols 12.75; 2 I Korosi HUN 12.32; 3 P Koivisto FIN 12.21 ... 5 James 11.56; 6 Pinnington 11.48.  
**SP:** 1 V Koca CZE 16.24; 2 N Griffin GBR 15.75; 3 F Carcioffo ITA 14.76.  
**Pent:** 1 R Hausner GER 4136 [9.08, 5.58, 12.14, 1.65, 3:26.84]; 2 Charlton 3696 [9.55, 5.52, 10.31, 1.47, 3:23.76]; 3 L Holzberger GER 3252.  
**3kmW:** 1 Y Merdele FRA 13:51; 2 L Giannuzzi ITA 14:51.57; 3 J-P Pin FRA 15:05.62  
**M55**  
**60m:** 1 P Ahomaki FIN 7.90; 2 J Menninen FIN 7.98; 3 G Schmitt GER 8.18.  
**200:** 1 W Grob GER 23.93; 2 Menninen 26.23; 3 Schmitt 26.32.  
**400m:** 1 W Thomas GBR 56.64; 2 J O'Neill IRL 57.37; 3 R Barrington GBR 59.53; 4 A Eland GBR 61.18.  
**800m:** 1 O'Neill 2:18.30; 2 H Odegard NOR 2:18.63; 3 L Intovuori FIN 2:19.29.  
**1500m:** 1 S Haglund FIN 4:43.21; 2 V Esquines ESP 4:45.36; 3 A Ozanne FRA 4:51.96; 4 M Smith GBR 5:00.60; 5 J Daniel IRL 5:06.72.  
**3000m:** 1 Haglund 10:10.86; 2 Esquines 10:16.69; 3 Ozanne 10:22.89 ... 7 T Mee IRL 11:43.07.  
**60mH:** 1 M Kacar TUR 9.45; 2 B Ferguson GBR 9.64; 3 N Lechtchenko RUS 10.01.  
**HJ:** 1 H Mandi AUT 1.62; 2 L Vandeboosch BEL 1.54; 3 T Crocker GBR 1.45 ... 9 C Taylor GBR 1.24.

**HJ:** 1 F-B Vivod SLO 1.65; 2 J Hanus CZE 1.60; 3 G Gleitsmann GER 1.60.  
**PV:** 1 N Lechtchenko RUS 3.30; 2 B Herlick GBR 3.20; 3 F Poncin FRA 2.20.  
**LJ:** 1 Ahomaki 6.14; 2 T Taavitsainen SUI 5.69; 3 W Mann GER 5.48 ... 8 B Murphy IRL 4.63.  
**TJ:** 1 C-W Krefe GER 12.83; 2 Ahomaki 12.58; 3 T Taavitsainen SUI 12.03.  
**SP:** 1 A Hermanns GER 14.29; 2 L Lefevre FRA 12.48, 3 A Boscarato FRA 12.29.  
**Pent:** 1 N Lechtchenko RUS 4017 [10.14, 5.32, 10.73, 1.61, 3:44.89]; 2 W Kappei GER 3138 [11.23, 4.54, 8.21, 1.31, 3:28.05]; 3 K Mag Mueller AUT 3024 ... 6 Harlick [11.94, 4.14, 8.80, 1.34, 4:20.01].  
**3kmW:** 1 A King IRL 14:16.86; 2 V Sgardello ITA 14:30.89; 3 Y Duguet FRA 15:01.45  
**M60**  
**60m:** 1 A Hamaekers GER 8.14 2 H Gasper GER 8.24; 3 R Netzel GER 8.25.  
**200m:** 1 G Muller GER 25.56; 2 W Scheidt GER 26.58; 3 Gasper 26.64 [ht: B Shearsmith GBR 27.651].  
**400m:** 1 Muller 57.34; 2 Scheidt 60.20; 3 J Ross GBR 60.54.  
**800m:** 1 Scheidt 2:28.76; 2 W Klaus GER 2:29.36; 3 Ross 2:29.40; 4 B Swindells GBR 2:30.99; 5 A Kimber GBR 2:32.94 ... 7 J.Wilson GBR 2:36.53.  
**1500:** 1 P Lancaster GBR 4:52.81; 2 M Fleetwood SWE 4:53.88; 3 F Backer GER 4:54.55; 4 F Gibbs GBR 4:54.87; 5 P Andrews GBR 5:00.84; 6 Swindells 5:08.27.  
**3000m:** 1 Lancaster 10:19.56; 2 Gibbs 10:19.65; 3 Fleetwood 10:20.49 ... 6 Andrews 10:46.44.  
**60mH:** 1 G Muller GER 9.42; 2 Hamaekers 9.55; 3 V Ovkhov RUS 9.97; 4 D Barrington GBR 10.27 [ht:10.18].  
**HJ:** 1 I Bellos GRE 1.45; 2 Ovkhov 1.45; 3 J Vonasek CZE 1.35;  
**PV:** 1 L Sterckx BEL 3.10; 2 J Pirinen FIN 3.00; 3 Ovkhov 3.00.  
**LJ:** 1 W Tuchen GER 5.19; 2 D Gerhardt FRA 4.90; 3 Pirinen 4.90.  
**TJ:** 1 V Roitman RUS 11.19; 2 J Perez ESP 10.39; 3 Bellos 9.44.  
**SP:** 1 K H Marg GER 15.62; 2 P Sponhem FRA 12.39; 3 J Werling POL 12.39.  
**Pent:** 1 K Skramstad NOR 3889 [10.26, 4.60, 11.77, 1.41, 3:48.02]; 2 I Faychak UKR 3722 [10.35, 4.60, 9.16, 1.41, 3:48.31]; 3 K Solberg NOR 3439.  
**3kmW:** 1 B Gore GBR 15:36.10; 2 A Jordana FRA 15:38.38; 3 G Bar GER 15:42.84 ... 6 W Wright GBR 16:27.15.  
**4x200:** 1 Germany 1:47.57; 2 Great Britain [Ross, Burton, Bowman, Crocker] 1:53.90; 3 Czech Republic 2:06.24.  
**M65**  
**60m:** 1 A Roca ESP 8.07 [ER]; 2 B Kimmel GER 8.25; 3 F Cornelis BEL 8.52 ... 5 D Burton GBR 8.53.  
**200m:** 1 K M Neumann GER 27.33; 2 B 27.88; 3 H Hufnagel GBR 28.70.  
**400m:** 1 Hufnagel 65.32; 2 T Bowman GBR 66.42; 3 A Kenera FIN 69.33.  
**800m:** 1 P Blanchou FRA 2:39.72; 2 G Theodasiou GRE 2:42.23; 3 M Texier FRA 2:45.11.  
**1500m:** 1 F Vicente POR 5:12.37; 2 J Bucher CZE 5:30.11; 3 G Theodasiou GRE 5:52.36.  
**3000m:** 1 Vicente 10:58.93; 2 Buchar 12:08.53; 3 C Robic FRA 12:11.19.  
**60mH:** 1 H Kandeidi TUR 10.23; 2 Bowman 10.651 3 A Joanique ESP 10.91 ... 5 J Day GBR 12.03.  
**PV:** 1 J-F Guieysse FRA 3.10; 2 Kandeidi 3.00; 3 S Samourdanis FRA 2.80; 4 Day 2.70.  
**LJ:** 1 Joanique 4.90; 2 L Vanderbusch BEL 4.82; 3 V Popov RUS 4.80 ... 6 J Evans GBR 3.99; 7 J Christie GBR 2.94.  
**TJ:** 1 Kandeidi 10.27; 2 Jaanique 10.24; Popov 10.14.  
**SP:** 1 P Speckens GER 13.71; 2 C Taylor GBR 10.17; 3 F Villate FRA 9.56.  
**Pent:** 1 Kandeidi 3791 [10.12, 4.38, 10.34, 1.44, 5:06.36]; 2 J Paulus GER 3247 [12.92, 4.03, 8.9, 1.35, 4:11.54]; 3 B Stent GBR 2968 [12.26, 4.23, 8.99, 1.20, 4:56.08].  
**3km:** 1 Z Irbe LAT 15:40.07; 2 F Knaringer GER 17:49.92; 3 H Aurialt FRA 18:34.00  
**M70**  
**60m:** 1 C Williams GBR 8.68; 2 M Konopku GER 8.71; 3 W Reuter GER 8.73.  
**200m:** 1 Reuter 28.70; 2 N Zamy FRA 28.87; 3 T Valimaki FIN 30.70.  
**400m:** 1 Zamy 64.12; 2 H Selzer GER 64.3 Reuter 74.27.  
**800m:** 1 A Lattore-Lite ESP 2:43.41; 2 W Davies GBR 2:49.97; 3 D Howarth GBR 2:51.80 ... 7 L Forster GBR 3:07.00.  
**1500m:** 1 R Borisov RUS 5:35.88; 2 G



## ROUND THE REGIONS

Continued from page 6

5:42.96 ... 6 A Walsham GBR 6:40.58.  
**3000m:** 1 Borisov 11:54.2; 2 Gnauck 11:59.61; 3 W Davies GBR 12:17.4; 4 Howarth 12:33.8 ... 6 Forster 12:51.9; 7 Walsham 14:03.9.  
**60mH:** 1 J Przyborowski POL 10.68; 2 H Maier GER 11.42; 3 E Holoe NOR 11.49... 6 N Carter GBR 14.09 [ht: 13.84].  
**HJ:** 1 N-B Nevrupe SWE 1.36; 2 G Dobriban HUN 1.36; 3 H Andreus AUT 1.24; 4 Carter 1.21.  
**PV:** 1 M Konopka GER 2.50; 2 Andreus 2.50; 3 A Woods GBR 2.40.  
**LJ:** 1 Reuter 4.58; 2 Dobriban 4.30; 3 A Papadopoulos GRE 3.77.  
**TJ:** 1 J Przyborowski POL 9.58; 2 Dobriban 8.90; 3 Papadopoulos 5.60.  
**SP:** 1 L Saarinen FIN 13.62; 2 T Von Wechenfeldt SWE 12.58; 3 Nevrupe 10.89; 4 J Hanus GBR 10.70.  
**Pent:** 1 Maier 34.96 [11.42; 3.72, 10.15, 1.201 4:31.81]; 2 R Meinsen GER 29.17 [13.66, 3.77, 9.79, 1.14, 4:53.96]; 3 Carter 26.53 [14.12, 3.17, 7.55, 1.26, 4:44.73].  
**3kmW:** 1 D Fotheringham GBR 17:28.28; 2 D Withers GBR 17:29.55; 3 C Depoix FRA 20:05.69.  
 4x200: 1 Germany 2:02.90; 2 Italy 2:28.29.

**M75**  
**60m:** 1 D Adair GBR 8.8; 2 H Hoffmann GER 9.0.  
**100m:** 1 Herbst 30.91; 2 R Breder GER 31.89; 3 K Byggmstar FIN 33.23.  
**400m:** 1 Herbst 75.72; 2 A Hemonet FRA 80.13; 3 L Osladi CZE 119.87.  
**800m:** M Rouhier FRA 3:12.07; 2 Metelkine RUS 3:15.80; 3 N Copping GBR 3:28.07.  
**1500:** 1 J Garin ESP 6:41.34; 2 J Caddy GBR 6:42.23; 3 Copping 7:12.95.  
**3000m:** 1 Garin 14:13.94; 2 Copping 14:35.00; 3 Caddy 14:36.83.  
**60mH:** 1 F Buys NED 12.19; 2 Hoffmann 12.66; 3 H Albrecht [GER] 13.42.  
**HJ:** 1 A Compri ITA 1.24; 2 E Hocht GER 1.24; 3 R Pospisil CZE 1.12.  
**PV:** 1 Compri 2.30.  
**LJ:** 1 Hoffmann 4.17; 2 H Schlegel GER 14.09; 3 R Breder GER 3.83.  
**TJ:** 1 Albrecht GER 7.22; 2 Buys 6.01.  
**SP:** 1 E Eriksson FIN 13.02; 2 V Makela FIN 10.64; 3 E Hocht GER 9.64.  
**Pent:** 1 G Windholz GER 38.60 [12.18, 3.83, 9.17, 1.23, 5:20.35]; 2 Albrecht 28.01 [13.11, 3.41, 7.12, 1.08, 5:44.09]; 3 Buys 26.47.

**M80**  
**60m:** 1 B Sobrero ITA 9.62 [ER]; 2 U Sansonetti ITA 9.79; 3 S Stein GBR 9.94.  
**200m:** 1 Sansonetti 33.44; 2 Sobrero 33.85; 3 Stein 34.00.  
**400m:** 1 Sansonetti 84.49; 2 E Pauwels BEL 89.83; 3 E Janicaud GER 109.67.  
**800m:** 1 Pauwels 3:11.16.  
**1500:** 1 Sobrero 12.01 [WR]; 2 Sansonetti 3.15.  
**HJ:** 1 E Zensch AUT 1.27; 2 Janicaud 1.03.  
**PV:** 1 Zensch 2.00; 2 G Breitman FRA 1.80.  
**LJ:** 1 Sobrero 3.79 [WR]; 2 A Lehtimäki FIN 3.77; 3 Sansonetti 3.57.  
**TJ:** 1 Zensch 8.06; 2 Lehtimäki 7.46.  
**SP:** 1 H Wiklund SWE 10.60; 2 P Darrot FRA 9.53; 3 A-P Gaboret FRA 7.24.  
**Pent:** 1 Sobrero 40.88 [11.65, 3.92, 9.07, 1.11, 5:53.12]; 2 Pauwels 27.89 [17.33, 2.44, 6.28, 1.05, 4:20.91].  
**3kmW:** 1 J Bouillon FRA 23:40.73; 2 Janicaud 23:48.53

**M85**  
**60m:** 1 C Marabotti ITA 9.78 [WR]; 2 V Colo ITA 10.73.  
**200m:** 1 Marabotti 36.40.  
**LJ:** 1 Marabotti 3.40 [WR]; 2 Colo 3.02.  
**TJ:** 1 Colo 6.95 [WR].

**WOMEN**  
**W35**  
**60m:** 1 M-C Marie FRA 7.69; 2 J Stopka GER 8.16; 3 A Grissmer GER 8.25; 4 J Money GBR 8.32.  
**200m:** 1 Grissmer 26.47; 2 Stopka 26.74; 3 C Aford GBR 26.91; 4 S Read-Cayton GBR 27.73.  
**400m:** 1 Read-Cayton 59.98 2 Aford 60.10; 3 L Gabrien GBR 61.14.  
**800m:** 1 M Horstra NED 12:27.11; 2 M-J Koszynski FRA 2:28.28; 3 C Berthault FRA 2:29.80.  
**1500m:** 1 P Ferget FRA 4:42.07; 2 I Delevaud FRA 4:45.83; 3 M Razik FRA 4:47.48.  
**3kmW:** 1 M Horstra NED 10:18.92; 2 A Reghenaz FRA 10:20.90; 3 C Larre ESP 10:24.33.  
**60mH:** 1 M Zilkhuich-Scholtz GER 9.40; 2 V

Krepkina UKR 9.56; 3 P Koecher GER 9.66.  
**HJ:** 1 A Pottiez GER 1.55; 2 Z Mokrasova SVK 1.55; 3 R Freyer-Krause GER 1.55.  
**PV:** 1 G Auth HUN 3.00; 2 S Ailus FIN 2.70; 3 A Touroude FRA 2.40.  
**LJ:** 1 C Aubert-Cadinot FRA 5.81; 2 H Vervaeet BEL 5.77; 3 V Krepinka UKR 5.50.  
**TJ:** 1 A Moelo FRA 12.34; 2 Krepkina 11.70; 3 M-C Pesin FRA 10.65.  
**SP:** 1 J Muller-Schmidt GER 14.50; 2 M Sterlekar SLO 13.72; 3 B Roze FRA 12.34.  
**Pent [Age graded points - 60m, HJ, SP, LJ, 800m]:** 1 A Levard FRA 39.68 [9.17, 1.63, 9.22, 5.57, 2:29.63]; 2 Zilkhuich-Scholtz 35.33 [9.34, 1.45, 10.56, 5.36, 2:46.09]; 3 K Wrzesniok GER 35.01.  
**3kmW:** 1 I Piocelle FRA 15:58.45; 2 B Borde FRA 16:40.29.

**4x200:** 1 Germany 1:50.10; 2 Great Britain [Gabriel, Read-Cayton: Onatade; Axford] 1:52.68; 3 France 1:53.47

**W40**  
**60m:** 1 A Moritz GER 7.97; 2 C Minguella-Planas ESP 8.23; 3 J Harwood GBR 8.30.  
**200m:** 1 S Cost NED 26.95; 2 A Brown GBR 27.52; 3 G Horweld GBR 26.67.  
**400m:** 1 Y Baurus FRA 60.02; 2 A Brown 60.99; 3 G Gaborieau FRA 61.50.  
**800:** 1 J Brown GBR 2:26.81; 2 C Smith GBR 2:26.98; 3 B Kavanagh IRL 2:27.21 ... 5 D Howard GBR 2:27.77.  
**1500m:** 1 Howard 4:58.68; 2 L Rubini ITA 4:59.47; 3 M-C Bodilis FRA 5:00.54... 5 B Cavanagh IRL 5:10.94.  
**3000m:** 1 I Dassoille FRA 10:38.32; 2 S Tawney GBR 10:43.72; 3 M Ponick GBR 10:57.44.  
**60mH:** 1 Moritz 8.73 [WR]; 2 B Felton-Besozzi ITA 9.06; 3 Harwood 9.08 ... 5 G Clarke GBR 9.70. [hts: J Brown 10.33].  
**HJ:** 1 J Brown 1.60; 2 E Huth GER 1.45; 3 A Nebelung GER 1.45.  
**PV:** 1 C Forcellini ITA 3.00; 2 A Norr-Ericson SWE 3.00; 3 H Leuvenier FRA 2.50; 4 A Goad GBR 2.30.  
**LJ:** 1 C Seillac FRA 5.05; 2 J Pryce GBR 4.91; 3 V Oman FRA 4.89... 9 G Clarke GBR 4.34.  
**TJ:** 1 J Pryce GBR 11.14 [WR]; 2 J Brown 10.93; 3 C Seillac FRA 10.70.  
**SP:** 1 G Juhl GER 11.40; 2 H Leuvenier FRA 10.72; 3 C Cameron GBR 10.57; 4 J Brown 10.25 ... 5 W Dunsford GBR 9.77; 8 H Barker GBR 9.24; 9 J Earle GBR 8.85; 10 L Moore-Pox IRL 8.29.

**Fent:** 1 J Brown 41.89 [W40 WR] [10.00, 1.69, 10.29, 4.95, 2:28.50]; 2 R Escibano ESP 38.54 [9.83, 1.54, 9.74, 9.54, 2:40.35]; 3 Barker 33.48 [9.89, 1.51, 10.01, 4.49, 3:08.00].  
**3kmW:** 1 N Mazur FRA 14:27.20; 2 D Alverne FRA 14:58.12; 3 A-M Mesmoudi FRA 15:29.35 ... 13 F Bishop GBR 18:34.10.  
**4x200m:** 1 Great Britain [Godsell; Roe; Harwood; J Brown] 1:50.86; 2 Germany 1:54.89; 3 Netherlands 1:55.51.

**W45**  
**60m:** 1 H Godsell GBR 8.25 [ER]; 2 J Lawson GBR 8.54; 3 Akkerman 8.77; 4 M Tanney IRL 9.22.  
**200m:** 1 M Samguos ESP 27.24; 2 Godsell 27.28; 3 E Roe GBR 27.81; 4 C Filer GBR 28.44.  
**400m:** 1 Samguos 61.91; 2 Roe 62.93; 3 M-A Blaude BEL 64.60.  
**800m:** 1 L Zentner GER 2:35.21; 2 V La Posta FRA 2:38.20; 3 I Korte GER 2:38.82.  
**1500m:** 1 F Trainsal FRA 5:10.89; 2 Korte 5:17.22; 3 G Lheureux FRA 5:22.08... 5 M McCrearty IRL 5:34.39.  
**3000m:** 1 K Marshall GBR 10:41.45; 2 L Zentner GER 11:14.14; 3 I Korte GER 11:19.77.  
**60mH:** 1 C Filer GBR 9.58; 2 M Samguos ESP 9.90; 3 P Altrichter GER 11.21.  
**HJ:** 1 D Brankanska LAT (?) 1.45; 2 J Kortbeek NED 1.45; 3 Altrichter 1.36.  
**PV:** 1 U Ritt FRA 2.40; 2 J Schoeppe GER 2.30; 3 J Stafford GBR 2.20; 4 M Anness GBR 2.10.  
**LJ:** 1 Filer GBR 5.07; 2 Akkerman 4.82; 3 J Kortbeek NED 4.53 ... 6 A-G Howarth GBR 3.83.  
**TJ:** 1 Kortbeek 10.34; 2 D Brankanska GER (?) 9.56; 3 P Altrichter GER 9.28.  
**SP:** 1 C Angloup GRE 8.63; 2 M Tsitsoulas-Rolito GRE 8.10; 3 M Schwantzer AUT 7.20.  
**Pent:** 1 Filer 40.65 [9.55, 1.54, 6.17, 4.97, 2:48.20]; 2 Altrichter 31.24 [11.19, 1.38, 7.81, 3.94, 3:00.46]; 3 Anness 18.44 [2.92, 1.09, 6.50, 3.54, 3:54.02].  
**3kmW:** 1 N Sapounova ITA 15:48.30; 2 M Silva-Fernandez POR 16:06.31; 3 M Schwantzer AUT 16:06.33.

**W50**  
**60m:** 1 V Parsons GBR 8.72 [WR]; 2 M Nenteuil FRA 8.74; 3 U Contini ITA 8.97; E McMahon GBR 8.99.  
**200m:** M Lewington GBR 28.34 [ER]; 2 M Nanteuil FRA 28.43; 3 Parsons 29.20.  
**400m:** 1 C Marler GBR 63.76; 2 C Wright BEL 67.58; 3 U Littenheim SWE 68.39.  
**800m:** 1 Marler 2:31.94; 2 A Hitchmough GBR 2:34.71; 3 Wright 2:37.05.  
**1500:** 1 Hitchmough 5:04.28; 2 D Undeutsch AUT 5:16.70; 3 D Benede FRA 5:32.31.  
**3000m:** 1 Undeutsch 10:49.77; 2 C Marchedier FRA 11:28.76; 3 C Tadoce FRA 11:47.99.  
**60mH:** 1 J Fail GBR 10.08; 2 McMahon 10.11; M Dahler SUI 10.56.  
**HJ:** 1 M Dahler SUI 1.30.  
**PV:** 1 K Forster GER 2.30.  
**LJ:** 1 Fail GBR 4.64; 2 M Dahler SUI 4.19; 3 McMahon 4.06.  
**TJ:** 1 D Desmier FRA 9.90; 2 Fail 9.82.  
**SP:** 1 D Ranzan FRA 13.79; 2 N Zoubekchina RUS 12.91; 2 N Voronina RUS 9.39.  
**Pent:** 1 J Longauerova SVK 33.65 [10.85, 1.24, 9.98, 4.10, 3:32.20]; 2 U Kappei GER 25.10 [13.98, 1.15, 7.05, 3.32, 3:04.05].  
**3kmW:** 1 S Loyer FRA 17:03.10; 2 J Bonnett FRA 17:17.37; 3 B Tirumal LAT 18:40.14.  
**4x200:** 1 Great Britain [Parsons Priestman; Mailer; Lewington] 1:56.93

**W55**  
**60m:** 1 Y Priestman GBR 8.96; 2 E Graff BEL 9.09; 3 A-K Eriksen GER 9.24.  
**200m:** 1 Priestman 29.61; 2 C Stedler GER 30.32 3 E Staehle GER 31.13.  
**400m:** 1 Priestman GBR 71.14; 2 C Stedler GER 73.37; 3 G Seibert GER 78.22.  
**800m:** 1 T Martin FRA 2:49.49; 2 E Statham GBR 2:46.31; 3 A Kolesnikova RUS 2:50.95.  
**1500m:** 1 P Gallagher GBR 5:11.35 [W55 WR]; 2 A-M Pruede FRA 5:32.44; 3 Statham 5:42.43.  
**3000m:** 1 Gallagher 11:06.13 [W55 WR]; 2 Statham 11:40.98 3 A-M Pruede FRA 11:48.01.  
**HJ:** 1 Staehle 1.30; 2 D Nix GER 1.15.  
**PV:** 1 Nix 2.20; 2 D Widmann GER 1.90.  
**LJ:** 1 Graff 4.61 [WR]; 2 Eriksen 4.04; 3 Staehle 3.07.  
**TJ:** 1 Widmann 7.60.  
**SP:** 1 K Ilgen GER 12.51; 2 M Sudova CZE 9.97; 3 M-H Gendek FRA 9.04.  
**3kmW:** 1 F De Wolf BEL 17:30.56; 2 J York GBR 19:52.11.

**W60**  
**60m:** 1 B Hoffmann GER 9.20; 2 R Dijkman NED 9.70; 3 U Gore GBR 9.75.  
**200m:** 1 Hoffmann 30.90; 2 D Fraser GBR 32.32; 3 Gore 34.16.  
**400m:** 1 Fraser 73.23; 2 M Delavergne FRA 74.33; 3 B Eklund SWE 79.58.  
**800m:** 1 G van Kooten NED 2:45.18; 2 Eklund 2:58.51; 3 B Berghaus GER 3:03.21; 4 A Woodlock IRL 3:04.93.  
**1500m:** 1 Van Kooten 5:41.91; 2 Eklund 6:03.64; 3 Berghaus 6:05.47; 4 Woodlock 6:14.70; 5 B Stracey GBR 6:39.16.  
**3000m:** 1 B Fredericks GER 11:48.35 [WR]; 2 Van Kooten 12:01.59; 3 Eklund 12:45.62 ... 5 Stracey 14:11.76; 6 B Cushman [GBR] 14:30.70.  
**60mH:** 1 Dijkman 11.04.  
**HJ:** 1 Dijkman 1.22; 2 G Perugini ITA 1.15; 3 E Heimann GER 1.07.  
**TJ:** 1 Dijkman 8.40; 2 Heimann 6.80.  
**SP:** 1 B Hoffmann GER 9.20; 2 Dijkman 9.70; 3 Gore 9.75.  
**Pent:** 1 Dijkman 40.53 [11.02, 1.27, 7.09, 3.99, 3:57.54].  
**3kmW:** 1 J Langford GBR 18:43.87; 2 T Knaringer GER 21:50.79.  
**4x200m:** 1 Great Britain [Steedman, Fraser; Gore; M Mills] 2:27.98

**W65**  
**60m:** 1 V Belbeze FRA 9.97; 2 E Mazzenga ITA 9.98; 3 A Larsson SWE 10.28; 4 B Steedman GBR 10.31.  
**200m:** 1 Mazzenga 33.08; 2 Larsson 35.11; 3 Steedman 35.58.  
**400m:** 1 Mazzenga 81.93; 2 N Gastaldi ITA 88.28.  
**800m:** 1 E Hodapp GER 3:00.91.  
**1500m:** 1 Hodapp 6:04.61; 2 J Sommer FRA 6:37.78.  
**60mH:** 1 Larsson 12.26.  
**HJ:** 1 Larsson 1.10; 2 H Maxrath GER 1.01.  
**PV:** 1 D McLennan IRL 1.80; 2 S Champion IRL 1.50.  
**LJ:** 1 Belbeze 3.59; 2 Larsson 3.52; 3 Steedman 3.30.75  
**TJ:** 1 Steedman 6.61.  
**SP:** 1 Maxrath 8.23; 2 R Beumann GER 8.20;

3 M Grand-Stevens GBR 6.61; 4 B Dunsford GBR 6.07.  
**Pent:** 1 Larsson 40.32 [11.43, 1.12, 7.69, 3.57, 4:22.73].  
**3kmW:** 1 J Sommer FRA 18:06.34; 2 D Leclerc FRA 20:06.57; 3 S Champion IRL 22:22.17  
**W70**  
**60m:** 1 E Enarsson SWE 10.52; 2 C Happ GER 11.23; 3 B Green GBR 12.09.  
**200m:** 1 Happ 40.59; 2 Green 44.92.  
**400m:** 1 H Glet FRA 98.60; 2 Green 112.91.  
**800m:** 1 Glet 3:46.56.  
**3000m:** A Druelle FRA 19:16.57.  
**60mH:** 1 E Enarsson SWE 13.82; 2 K Gomeradze RUS 15.00.  
**HJ:** 1 Enarsson 1.19; 2 C Happ GER 1.16; 3 Gomeradze 1.10.  
**LJ:** 1 Enarsson 3.25; 2 C Happ GER 3.12; 3 H Schneider GER 2.64.  
**TJ:** 1 Enarsson 7.53; 2 Gomeradze 6.44.  
**SP:** 1 R Hanssens BEL 8.58 [WR]; 2 Schneider 7.45; 3 C Wipsteg GER 7.30

**W75**  
**60m:** 1 I Lorenz GER 10.89 [WR]; 2 H Lenge GER 13.27; 3 M Struven GER 13.89.  
**HJ:** Struven 0.92.  
**LJ:** 1 Lorenz 2.91 [WR]; Struven 2.36.  
**SP:** 1 I Pleuger GER 7.52; 2 Lorenz 7.14; 3 Struven 5.66.  
**W80**  
**60m/200m:** 1 E Haule GER 13.69/57.51.  
**LJ/SP:** 1 MWixey GBR 2.04/3.58.

## EASTERN VAC

It rained and rained at Arrington Pond - the scene of the CC championships. The park was flooded and the A1198 was a foot deep in water. Which, of course did not stop the race!

With one of the best fields for years, Chelmsford's D. Griffin was the clear winner, retaining his title. Diane Marsh (City of Norwich) was also a repeat winner.

## WALES

The CC championships at Eirias Park, Colwyn Bay was held over a horrendously muddy course on January 6th but in perfect weather.

The women's W35 team race was remarkably close with Wrexham AC just edging out Cardiff AAC by one point and Eryri Harriers taking third from Prestatyn AC on the count back.

The men's race was a three way clash. Swansea AC had made the long drive north and were rewarded with wins in the M40 and M60 races while Wrexham took the M50 championship.

The individual winners were both fell runners - Colin Donnelly (Eryri) in the men's category and Ann Nixon (Forest of Dean) in the women's

The were many Welsh medalists in the BVAF Indoor Championships at Cardiff - see lead feature this issue.



## READING ATHLETIC CLUB

Sponsored by *Reading Evening Post* present  
**13th VETERANS' OPEN TRACK &  
 FIELD MEETING**

Sunday 7th October 2001 at PALMER PARK STADIUM  
 Winner medal each age group • First class stadium • Easy  
 access and parking

Events (Tick Box)

**FIELD** (Minimum 4 trials - depending on entry)

- |                                   |        |                                   |        |
|-----------------------------------|--------|-----------------------------------|--------|
| <input type="checkbox"/> 11.00 HT | M      | <input type="checkbox"/> 14.00 LJ | M      |
| <input type="checkbox"/> 11.00 SP | W      | <input type="checkbox"/> 14.30 SP | M60+   |
| <input type="checkbox"/> 12.00 PV | M&W    | <input type="checkbox"/> 14.30 JT | M40-59 |
| <input type="checkbox"/> 12.00 LJ | W      | <input type="checkbox"/> 15.00 TJ | W      |
| <input type="checkbox"/> 13.00 SP | M40-59 | <input type="checkbox"/> 15.30 DT | M40-59 |
| <input type="checkbox"/> 13.00 JT | W&M60+ | <input type="checkbox"/> 16.00 TJ | M      |
| <input type="checkbox"/> 13.00 HJ | M&W    | <input type="checkbox"/> 16.00 DT | W&M60+ |
| <input type="checkbox"/> 13.30 HT | W      |                                   |        |

### TRACK

- |                                      |     |                                      |     |
|--------------------------------------|-----|--------------------------------------|-----|
| <input type="checkbox"/> 13.15 100M  | W&M | <input type="checkbox"/> 15.20 400M  | W&M |
| <input type="checkbox"/> 14.00 800M  | W&M | <input type="checkbox"/> 15.45 1500M | W&M |
| <input type="checkbox"/> 14.39 5000M | W&M | <input type="checkbox"/> 16.10 200M  | W&M |
| <input type="checkbox"/> 14.55 SPR H | W&M |                                      |     |

I wish to be entered for the event(s) indicated and confirm  
 that I qualify to compete under Veteran status and within  
 the rules and principles laid down by the BVA.

Name.....

Address.....

.....

Post code..... Tel. No.....

Signature.....

Categories (please tick)

**M** 40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59 ☐ 60-64 ☐ 65-69 ☐ 70+ ☐

**F** 35-39 ☐ 40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59 ☐ 60-64 ☐ 65-69 ☐ 70+ ☐

**Entries:** Mr D Bradfield, 36 Blewbury Drive, Tilehurst,  
 Reading, Berks RG 31 5HL

**Entry fees:** £2.50 per event (£3.00 on the day subject to  
 availability)

**Cheques or Postal Orders:**  
 Payable to Reading Athletic Club

# SOLIHULL CHAMPIONSHIPS

Norman Green Stadium  
 Sunday 12th August

**BVAF AND MVAC PENTATHLON**

£8.50

**BVAF 10K TRACK WALK**

£4.50

**MVAC 10,000M CHAMPIONSHIP**

£4.50

**OPEN 100M AND 200M**

£1.50 PER EVENT

ALL ENTRY FEES INCLUDE 50P TO  
 COVER FIRST AID ATTENDANCE

Surname.....

First names.....

Address.....

.....

.....

D.O.B..... Age group.....

Telephone no.....

Club.....

Vet Club.....

Vet number.....

Please enter me in the following events

.....

.....

.....

I enclose entry fee of £..... payable  
 to MVAC. Please include a 9x4" SAE.

Send entries to:

Brian Owen, Railway Cuttings,  
 Thorngrove Road, Great Malvern  
 WORCS WR14 3BX

Tel: 01684 565721

**Closing Date: 10th July 2001**

**COPY DEADLINE FOR NEXT ISSUE**

# 1ST JUNE



# WORLD AND BRITISH T&F OUTDOOR RECORDS continued from page 10

J Fail	9.77 +1.3	Derby	06.08.00
W55 R Chrimmes	9.12	Cwmbran	24.07.88
W60 C Graham	8.40 +0.0	Durban	23.07.97
W65 B Steedman	7.06 +1.2	Gateshead	04.08.99
M Wixey	7.44 P		
W70 M Wixey	6.72 +0.3	Turku	27.07.91
W75 M Wixey	5.93	Malmö	25.07.96

## HIGH JUMP

M40 G Griffiths	1.86	Eugene	05.08.89
M45 S Power	1.78	Reading	31.07.88
M50 S Power	1.76	Bedford	17.07.94
M55 S Power	1.70	Calais	20.06.98
M60 A Bateman	1.61	Newport	12.07.98
M65 G Leete	1.50	Budapest	30.06.90
M70 G Leete	1.36	Buffalo	18.07.95
M75 L Williams	1.21	Sheffield	13.09.97
M80 T Rawlinson	1.06	Sheffield	07.09.96
W35 J Brown	1.72	Birmingham	21.05.94
W40 J Brown	1.65	Gateshead	06.08.99
W45 J Smallwood	1.55	Eugene	03.08.89
W50 D Tyler	1.47	Carshalton	14.06.70
W55 R Chrimmes	1.37	Reading	09.07.89
W60 R Chrimmes	1.30		26.09.93
W65 R Chrimmes	1.25	Edinburgh	18.07.99
W70 M Wixey	0.98 P	Solihull	15.08.93
W75 M Wixey	0.91	Malmö	26.07.96

## POLE VAULT

M40 B Hooper	4.87	Crawley	05.07.94
B Hooper	5.01		
G Sutton	4.40	Swansea	16.06.90
G Sutton	4.15	Exeter	10.08.96
M55 R Brown	3.80	Sheffield	29.05.88
M60 R Brown	3.65	Solihull	14.08.93
M65 R Brown	3.61	Sheffield	07.06.97
M70 A Woods	2.60	Kingston	30.08.98
M75 A Rawlinson	2.10	Gosling	25.05.92
M80 A Rawlinson	2.00	Sheffield	14.09.97
W35 N Bradshaw	3.40	Jarrow	03.08.99
W40 J Cunnane	3.20	Reading	05.10.97
W45 J Stafford	2.39	Lincoln	11.07.99
W50 P McNab	2.90	Southampton	06.06.93
W55 M Coombe	1.89	Enfield	22.05.00

## SHOT

M40 S Clarke	16.56	Woodford	31.08.75
M Edwards	17.61	Woking	05.04.99
M S Clarke	15.80	Woodford	26.08.78
M50 N Griffin	15.61	Gateshead	01.08.99
M55 D Myerscough	13.57	Gateshead	01.08.99
M60 G Hickey	13.46	Bromley	06.07.94
M65 G Hickey	13.30	Hendon	13.06.99
M70 J Nesbitt	11.16	---	---.84
M75 M Cullen	10.13	Swansea	.78
M80 W Baker	7.74	Verona	---.06.88
M85 E Paveley	3.95	Gateshead	01.08.99
W35 B Bedford	16.15	Crystal Pal	27.08.73
W40 B Bedford	15.72	Haringay	11.06.78
W45 R Chrimmes	11.25	---	---.78
J Kerr	11.50 P		
W50 E Williams	12.13	Hendon	18.07.92
W55 E Williams	13.22	Miyasaki	.10.94
R Chrimmes	12.20		
R Chrimmes	11.04	Jarrow	01.08.99
W70 M Williams	7.01	Corby	12.07.87
W75 M Williams	4.95	Birmingham	07.07.91

## DISCUS

M40 P Gordon	58.42	Gateshead	26.05.93
M45 P Gordon	54.20	Jarrow	12.08.98
M50 N Griffin	54.29	Gateshead	03.08.99
M55 K Macsimczyk	49.20	Bristol	06.06.74
M60 K Macsimczyk	53.42	Bristol	08.06.78
M65 K Macsimczyk	55.64	Bristol	17.09.79
M70 D Field	38.56	Jarrow	01.10.00
M75 M Cullen	34.20	Stretford	07.08.76
M80 H Karlsson	19.36	Exeter	10.08.96
M85 E Paveley	8.85	Gateshead	03.08.99
W35 R Payne (Chrimmes)	58.02	Perry Barr	03.06.72
W45 R Chrimmes	56.40	Crystal Pal	21.07.73
W45 R Chrimmes	44.26	Wolverhampton	15.07.78
W50 R Chrimmes	33.68		
W55 R Chrimmes	40.86	Eugene	04.08.89
R Chrimmes	41.40 P		
W60 R Chrimmes	37.56	Miyasaki	01.11.93
W65 R Chrimmes	34.34	Solihull	14.06.98
W70 M Wixey	15.76	Birmingham	06.07.91
W75 M Wixey	11.78	Exeter	16.06.96
W80 M Williams	9.54	Exeter	06.08.95

## JAVELIN

M40 P Yates	71.51	Eltham	26.06.99
M45 K Turnbull	58.14	Colindale	05.09.93
M50 R Bartlett	53.78	Birmingham	07.07.91
M55 R Bartlett	51.58	Malmö	22.07.96
M60 J Phillips	46.66	Exeter	30.05.95
M65 J Phillips	44.66	Exeter	30.05.00
H Karlsson	32.14	Jarrow	28.09.85
D Field	31.22	Gloucester	01.10.00
M75 J Gercs	25.70	Reading	05.10.97
M80 W Baker	23.14	Malmö	28.07.86
M85 S Packham	4.40		
W35 T Sanderson	65.18		

W40 T Sanderson	64.06	London	12.07.96
W45 J Lintern	40.32	Crawley	25.05.96
W50 C Graham	36.46	Eugene	29.07.89
W55 E Williams	39.52	Durban	23.07.97
W60 E Williams	36.06	Cesenatico	16.09.98
W65 J Ogden	32.20	London	16.08.92
W70 J Ogden	28.20	Kingston	24.08.97
W75 M Wixey	11.52	Reading	04.10.98
W80 M Williams	9.36	Exeter	06.08.95

\* Following the WAVA rules, records are not accepted for three years following the introduction of new specifications. Consequently the record is pending

## HAMMER

W35 E Agee	51.56	Gateshead	31.07.99
40 H Payne	70.88	Warsaw	29.06.74
W40 J Cunnane	43.76	Wakefield	14.09.97
M45 N McDonald	56.22	Edinburgh	19.04.80
W45 P McNab	40.84	Kingston	14.04.91
M50 C Black	62.07	Jarrow	17.06.00
W50 P McNab	45.00	Hammersmith	09.07.94
M55 C Melluish	53.70	Kingston	29.08.99
W55 E Williams	45.02	Athens	08.06.94
M60 H Payne	49.76	Cannock	22.09.91
W60 E Williams	43.90	Gateshead	07.08.99
M65 P Barber	44.94	Hendon	13.06.99
W65 J Ogden	29.52		
M70 J Hanus	38.64	Prague	18.06.00
M75 B Metcalfe	26.28	---	---.91
M80 R Spikes	10.45	Gateshead	31.07.99

## 3000 METRE WALK

M40 R Care	12-46.03	Birmingham	23.05.90
M45 D Stevens	12-54.1	Brighton	23.05.82
M50 R Care	13-10.09	Blackpool	28.06.97
M55 D Stevens	13-57.4	Horsham	18.05.91
M60 G Chaplin	14-30.8	Leamington	16.05.92
M65 G Chaplin	15-12.9	Leamington	11.05.96
M70 C Colman	16-58.73	Birmingham	06.07.91
M75 J Grimwade	16-19.5	Corby	12.07.87
M80 J Grimwade	18-52.85	Exeter	10.08.98
M85 S Packham	31-41.0	Christchurch	.01.91
W35 H Elleker	13-31.7	Sheffield	18.05.91
W40 B Lupton	15-16.90	York	16.05.93
W45 S Brown	15-05.2	Battersea	02.09.96
W50 A Lewis	15-57.7	Portsmouth	04.05.98
W55 M Worth	16-14.6	Cwmbran	24.07.88
W60 M Worth	16-28.5	Reading	09.07.89
W65 M Worth	17-55.78	Bedford	16.07.94
W70 M Worth	19-04.5	Woodford	19.08.98

## 5000 METRE WALK

M40 R Care	22-09.8	Solihull	10-06.90
M45 R Care	22-12.66	Bedford	17.07.94
M50 R Care	22-39.0	Blackpool	29.06.97
M55 D Stevens	23-48.1	Turku	12.07.91
M60 G Chaplin	24-40.9	Brierley Hill	27.09.92
M65 C Colman	27-14.0	Wigan	13-07.86
M70 J Grimwade	26-56.0	Malmö	29.07.86
M75 J Grimwade	27-40.0	Solihull	28-06.87
M80 J Grimwade	29-24.1	Solihull	07.06.92
M85 G Mitchell	35-49.1	Solihull	11.06.00
W35 H Elleker	23-26.18	Cardiff	08.06.91
W40 K Braznell	24-38.4	Solihull	11.06.00
W45 A Lewis	26-55.75	Blackpool	29.06.97
W50 A Lewis	27-09.12	Derby	30.05.98
W55 M Worth	28-16.0	Woodford	04.06.88
W60 M Worth	28-22.0	Finsbury Park	03.06.89
W65 M Worth	30-50.93	Bedford	17.07.94
W70 B Randle	31-44.5	Solihull	11.06.00

## 10,000 METRES WALK

M40 A Seddon	44-50.59	Birmingham	23.08.81
M45 B Adams	45-23.5	Leicester	03.12.96
M50 A Smallwood	45-11.9	Redditch	28.03.93
M55 D Stevens	50-39.1	Solihull	15.08.93
M60 G Chaplin	50-56.4	Solihull	16.08.92
M65 A Poole	56-49.6	Brierley Hill	26-08.79
M70 J Grimwade	55-55.9	Wolverhampton	12.10.86
M75 J Grimwade	55-00.6	Wolverhampton	27.09.87
M80 J Grimwade	61-25.4	Solihull	15-08.93
M85 G Mitchell	73-58.8	Solihull	20.08.00
W35 J Farr	50-46.0	W London	25.03.78
W40 S Brown	52-43.71	Horsham	20.06.93
W45 S Brown	54-00.7	Battersea	04.05.94
W50 M Worth	58-12.7	Kirby	19.03.83
W55 M Worth	57-50.4	Birmingham	17.03.84
W60 M Worth	62-37.8	Solihull	16.08.92
W65 M Spelman	64-04.8	Solihull	20.08.00

Please note that records can only be ratified if a record form has been filled in and signed by the appropriate officials.

## WORLD (as of 1 August 2000)

### 100 METRES

M40 10.6	Eddie Hart	(USA)	9-16-89
M45 11.0	Thane Baker	(USA)	6-14-80
M50 11.2	Ken Dennis	(USA)	7-18-87
M55 11.57	Ron Taylor	(GBR)	8-3-91
M60 11.70	Ron Taylor	(GBR)	6-4-95
M65 12.5	Bernard Hogan	(AUS)	11-30-85
M70 12.91	Payton Jordan	(USA)	6-22-91
M75 13.4	Payton Jordan	(USA)	4-25-92

M80 14.35	Payton Jordan	(USA)	5-10-97
M85 16.16	Suda Giichi	(JPN)	8-23-98
M90 19.9	Duncan McLean	(GBR)	6-14-75
M95 24.01	Erwin Jaskulski	(AUT)	5-1-99
W35 10.74	Merlene Ottey	(JAM)	9/9/96
W40 11.99	Zdenke Mosika	(CZE)	7/20/97
W45 12.50	Phil Raschker	(USA)	9/2/95
12.5	Maevie Kyle	(GBR)	1/21/74
12.5	Wendy Ey	(AUS)	2/4/84
W50 12.50	Phil Raschker	(USA)	5/17/97
W55 13.43	Brunhilde Hoffmann	(GER)	9/12/95
W60 13.9	Shirley Peterson	(NZL)	2/25/89
W65 14.29	Irene Obera	(NZL)	7/31/99
W70 15.33	Paula Schneiderhan	(GER)	9/25/94
W75 16.12	Paula Schneiderhan	(GER)	7/20/97
15.91 P	Paula Schneiderhan	(GER)	9/6/97
W80 18.42	Hanna Gelbrich	(GER)	10/15/93
W85 21.18	Nora Wedemo	(SWE)	8/21/99

### 200 METRES

M40 21.86	Bill Collins	(USA)	8-15-92
M45 22.21	Stephen Peters	(GBR)	8-3-99
M50 22.9	Ken Dennis	(USA)	7-18-87
22.91	Ron Taylor	(GBR)	7-31-86
M55 23.37	Ron Taylor	(GBR)	7-5-91
M60 24.00	Ron Taylor	(GBR)	6-10-95
M65 25.6	Bernard Hogan	(AUS)	12-6-85
M70 26.8	Payton Jordan	(USA)	6-20-87
M75 28.14	Payton Jordan	(USA)	6-20-92
M80 30.89	Payton Jordan	(USA)	8-10-97
M85 35.82	Kizo Kimura	(JPN)	10-20-96
M90 42.78	Anthony Castro	(USA)	9-18-99
M95 57.58	Erwin Jaskulski	(AUT)	7-17-99
W35 21.93	Merlene Ottey	(JAM)	8/25/95
W40 24.84	Phil Raschker	(USA)	8/3/89
W45 25.46	Phil Raschker	(USA)	6/20/94
W50 25.72	Phil Raschker	(USA)	7/23/97
W55 28.13	Brunhilde Hoffmann	(GER)	7/26/96
W60 29.43	Corrie Roovers	(HOL)	7/26/96
W65 30.46	Irene Obera	(USA)	8/3/99
W70 32.24	Paula Schneiderhan	(GER)	7/1/92
W75 34.40	Paula Schneiderhan	(GER)	7/23/97
W80 41.11	Polly Clarke	(USA)	8/15/92
W85 53.07	Nora Wedemo	(SWE)	8/3/99

### 400 METRES

M40	48.10	Rolf Gisler	(SWI)	7-22-95
M45	50.20	Fred Sowerby	(USA)	8-12-94
M50	51.39	Fred Sowerby	(USA)	8-27-99
M55	52.6	Ralph Romain	(TRI)	7-22-90
M60	53.88	Ralph Romain	(TRI)	7-22-95
M65	57.52	Berthold Neumann	(GER)	7-22-96
M70	61.29	Wilhelm Selzer	(GER)	8-15-97
M75	66.88	Lucas Nel	(RSA)	8- 7-99
M80	75.4	Harold Chapson	(USA)	7- 9-83
M85	91.54	Longino Perez	(MEX)	12- 5-87
M90	1:57.46	Toshio Kojima	(JPN)	10-20-96
W35	50.56	Aurelia Penton	(CUB)	7/15/78
W40	53.68	Sara Montecinos	(CHL)	3/20/94
W45	56.82	Mary Libal	(USA)	7/22/95
W50	58.51	Marge Allison	(AUS)	7/22/95
W55	64.50	Brunhilde Hoffmann	(GER)	7/22/95
W60	67.80	Irene Obera	(USA)	7/22/95
W65	73.71	Anna Mangler	(GER)	8/ 5/89
W70	79.14	Anna Mangler	(GER)	10/16/93
W75	88.42	Paula Schneiderhan	(GER)	8/ 7/99
W80	1:40.45	Polly Clarke	(USA)	8/ 3/90
W85	2:13.68	Rosario Iglesias	(MEX)	7/26/97
W90	3:45.62	Bertha Holt	(USA)	6/29/96



# WORLD AND BRITISH T&F OUTDOOR RECORDS continued from page 19

M85	7:03.38	Longino Perez (MEX)	12- 5-87
M90	9:23.24	John Farrell (USA)	8- 7-99
M95	13:53.8	Herb Kirk (USA)	10- 6-90
W35	3:57.73	Marica Puica (ROM)	8/30/85
W40	3:59.78	Yekatarina Podkopayeva (URS)	7/18/94
W45	4:05.44	Yekatarina Podkopayeva (URS)	8/ 3/98
W50	4:43.10	Jutta Pedersen (SWE)	6/ 1/97
W55	4:57.4	Carolyn Oxtan (GBR)	8/26/98
W60	5:24.72	Gerda Van Kooten (HOL)	8/ 7/99
W65	5:57.74	Melitta Czarwenka/Nagel (GER)	7/23/97
W70	6:14.52	Nina Naumenko (URS)	7/25/95
W75	7:06.13	Johanna Luther (GER)	7/27/91
W80	7:32.22	Johanna Luther (GER)	10/16/93
W85	10:33.40	Ivy Granstrom (CAN)	7/26/97

## ONE MILE

M40	4:02.53	David Moorcroft (GBR)	6-19-93
M45	4:16.75	David Sirl (NZL)	12- 6-87
M50	4:30.06	Tom Roberts (AUS)	2- 6-87
M55	4:40.4	Jack Ryan (AUS)	12-15-77
M60	4:54.07	Joop Ruter (HOL)	8- 1-93
M65	4:56.4	Derek Turnbull (NZL)	2-29-92
M70	5:23.50	Siem Herlaar (HOL)	7-16-99
M75	5:57.2	Scotty Carter (USA)	7-12-92
M80	8:07.1	Paul Spangler (USA)	6- 7-80
M85	8:04.7	Josef Galia (GER)	9- 4-85
M90	13:43.6	Herb Kirk (USA)	8-18-86
M95	14:48.2	Herb Kirk (USA)	10- 6-90
W35	4:17.33	Marica Puica (ROM)	8/21/85
W40	4:23.78	Yekatarina Podkopayeva (URS)	6/ 9/93
W45	4:48.42	Yekatarina Podkopayeva (URS)	9/13/97
W50	5:24.6	Elaine Statham (GBR)	8/27/94
W55	5:32.7	Carolina Keijsers (HOL)	6/16/98
W60	6:09.38	Yvette LaVigne (USA)	5/28/00
W65	6:41.64	Rosamund Dashwood (CAN)	6/ 8/89
W70	7:26.0	Pat Dixon (CAN)	6/24/89
W80	9:49.40	Ivy Granstrom (CAN)	5/31/92
W85	11:54.3	Ivy Granstrom (CAN)	6/27/98

## 3000 METRES

M40	8:05.08	Martti Vainio (FIN)	6-12-91
M45	8:27.7	Nigel Gates (GBR)	8-19-98
M50	8:53.7	Josef Kurz (FRG)	5-16-89
M55	8:57.28	Ron Robertson (NZL)	2- 8-97
M60	9:36.5	Siem Herlaar (HOL)	8-31-90
M65	9:47.4	Derek Turnbull (NZL)	2- 8-92
M70	10:42.40	Siem Herlaar (HOL)	7- 2-99
M75	12:04.0	Scotty Carter (USA)	6-28-92
M80	13:12.6	Ed Benham (USA)	4-29-88
M85	16:32.0	Paul Spangler (USA)	5- 4-84
M90	20:08.4	Paul Spangler (USA)	9-16-89
W35	8:27.83	Marica Puica (ROM)	9/ 7/85
W40	9:11.2	Joyce Smith (GBR)	4/30/78
W45	9:17.27	Yekatarina Podkopayeva (URS)	6/22/97
W50	10:11.5	Jutta Pedersen (SWE)	9/16/97
W55	10:47.94	Edeltraud Pohl (GER)	8/29/91
W60	12:01.65	Denise Alvoet (BEL)	5/16/96
W65	12:32.44	Melitta Czarwenka/Nagel (GER)	6/ 6/96
W70	13:50.8	Jose Waller (GBR)	10/ 4/92
W75	16:33.0	Berta Hielscher (GER)	8/13/86
W80	21:18.6	Ivy Granstrom (CAN)	6/28/92
W85	24:08.62	Ivy Granstrom (CAN)	6/28/98

## 5000 METRES

M40	13:45.6	Lucien Rault (FRA)	5-21-76
M45	14:23.6	Lucien Rault (FRA)	6-19-82
M50	14:55.60	Antonio Villanueva (MEX)	7-25-91
M55	15:41.72	Ron Robertson (NZL)	2-15-97
M60	16:24.0	Stephen James (GBR)	6- 6-98
M65	16:38.8	Derek Turnbull (NZL)	3-13-92
M70	18:34.61	Derek Turnbull (NZL)	7-23-97
M75	20:00.13	James Todd (GBR)	7-23-97
M80	21:57.88	Edward Benham (USA)	8- 6-88
M85	25:50.97	Yoshiharu Ueda (JPN)	9-16-94
M90	36:00.64	Alfred Althaus (GER)	7-23-97
M95	50:23.53	Herb Kirk (USA)	7-25-91
W35	15:11.28	Lynn Jennings (USA)	7/10/95
W40	15:51.7	Nicole Leveque (FRA)	6/12/94
W45	15:55.71	Nicole Leveque (FRA)	6/ 1/96
W50	17:17.02	Jutta Pedersen (SWE)	7/25/97
W55	18:32.5	Edeltraud Pohl (GER)	7/25/92
W60	19:14.8	Marion Irvine (USA)	10/19/89
W65	21:37.8	Joselyn Ross (GBR)	8/14/93
W70	23:21.2	Jose Waller (GBR)	10/ 4/92
W75	25:32.33	Johanna Luther (GER)	9/ 2/89
W80	28:32.67	Johanna Luther (GER)	10/11/93
W85	37:02.30	Matsue Nishiyama (JPN)	10/10/93

## 10,000 METRES

M40	28:30.88	Martti Vainio (FIN)	6-25-91
M45	30:02.56	Antonio Villanueva (MEX)	1-29-87
M50	31:01.90	Ron Robertson (NZL)	7-23-91
M55	32:46.5	Ron Robertson (NZL)	3-16-97
M60	34:14.08	Luciano Acquarone (ITA)	7-20-91
M65	34:42.2	Derek Turnbull (NZL)	3-15-92
M70	38:23.69	Warren Utes (USA)	7-21-91
M75	42:03.4	David Morrison (GBR)	9- 9-89
M80	44:29.4	Edward Benham (USA)	8- 4-88
M85	54:23.0	Josef Galia (GER)	8-28-85
M90	71:40.78	Paul Spangler (USA)	7-29-89
W35	31:20.28	Ingrid Kristiansen (NOR)	7/ 1/91
W40	32:12.07	Nicole Leveque (FRA)	8/13/94
W45	32:34.06	Evy Palm (SWE)	9/ 4/88

W50	35:37.0	Valborg Ostberg (NOR)	7/26/81
W55	37:47.95	Edeltraud Pohl (GER)	5/ 6/92
W60	42:18	Dean Bulkeley (AUS)	4/13/90
W65	44:20.9	Lieselotte Schultz (GER)	7/16/85
W70	48:10.98	Jose Waller (GBR)	7/18/93
W75	53:13.63	Johanna Luther (GER)	7/21/91
W80	58:40.03	Johanna Luther (GER)	10/ 7/93
W85	86:55.70	Ivy Granstrom (CAN)	7/ 3/98

## 3000 METRES STEEPLECHASE

M40	8:41.5	Gaston Roelants (BEL)	- 6-77
M45	9:16.1	Nils Undersaker (NOR)	9-12-84
M50	9:38.8	Nils Undersaker (NOR)	6-10-89
M55	9:55.05	Ron Robertson (NZL)	7-27-97

## 2000 METRES STEEPLECHASE (3'0")

M60	7:03.8	Maurice Morrell (GBR)	6- 8-93
M65	7:53.00	John Eccles (NZL)	11- 2-90
M70	8:38.17	Dan Bulkeley (USA)	8- 5-88
M75	9:28.78	Dan Bulkeley (USA)	7-17-93
M80	11:11.20	Dan Bulkeley (USA)	6-28-97
W35	7:05.76	Veronica Boden (GBR)	7/17/94
W40	7:47.56	Marietjie Ceronio (RSA)	8/ 8/97
W45	7:38.08	Margaret Orman (NZL)	7/27/91
W50	7:43.99	Margaret Orman (NZL)	3/13/93
W55	8:13.4	Margaret Orman (NZL)	3/15/97
W60	10:29.91	Nan Little (NZL)	4/ 2/88

## 2000 METRES STEEPLECHASE (2'6")

M60	6:54.31	Alan Bradford (AUS)	8- 7-99
M65	7:25.10	Francisco Vicente (POR)	9-19-98
M70	8:35.74	Martino Cuder (ITA)	9-19-98
M75	9:17.38	Soichi Tamoi (JPN)	8- 7-99
M80	10:52.46	Dan Bulkeley (USA)	8-27-99
W35	6:30.83	Leslie Lehane (USA)	7/31/98
W40	7:20.85	Teena Colebrook (GBR)	7/27/97
W45	7:44.53	Victoria Adams (NZL)	8/ 8/99
W50	7:58.78	Loris Reed (NZL)	1/22/00
W55	7:58.43	Margaret Orman (NZL)	7/27/97
W60	9:59.23	Sara Urrutia (PUR)	8/ 8/99
W65	10:30.07	Ana Tebes (ARG)	8/ 8/99
W70	12:19.45	Shirley Brasher (AUS)	8/ 8/99

## 110 METRES HURDLES (3'3")

M40	14.24	Stan Druckrey (USA)	7-30-89
M45	14.7y	Valbjorn Thorlaksson (ISL)	7- 8-79

## 100 METRES HURDLES (3'0")

M50	13.57	Walt Butler (USA)	7- 5-91
M55	14.49	Walt Butler (USA)	8-22-96

## 100 METRES HURDLES (2'9")

M60	14.74	Charles Miller (USA)	7-18-98
M65	16.30	Jack Greenwood (USA)	7-21-91
W35	12.47	Ludmila Engquist (SWE)	8/21/99

## 80 METRES HURDLES (2'6")

M70	13.2	Albertos Van Zyl (RSA)	10-10-92
M75	13.68	Melvin Larsen (USA)	8-29-99
M80	16.98	Mazumi Morita (JPN)	10- 9-93
M85	18.06	Kizo Kimura (JPN)	8-18-96
W40	11.66	Christine Muller (SWI)	9/16/98
W45	12.22	Phil Raschker (USA)	8/ 5/94
W50	12.68	Phil Raschker (USA)	7/20/97
W55	13.30	Corrie Roovers (HOL)	7/20/91
	12.31 P	Helgi Lamp (EST)	7/17/99
W60	13.89	Corrie Roovers (HOL)	6/15/96
W65	15.63	Asta Larsson (SWE)	6/ 5/99
W70	18.91	Isabella Hofmeyr (RSA)	2/13/99
W75	27.89	Rosaline Sole (NZL)	7/21/91

## 80 METRE HURDLES (2'3")

W70	17.72	Shirley Peterson (NZL)	2/26/00
-----	-------	------------------------	---------

## 400 METRES HURDLES (3'0")

M40	52.7	Stan Druckrey (USA)	7- 8-89
M45	55.18	Guido Mueller (FDR)	8- 1-86

## 400 METRES HURDLES (2'9")

M50	58.1	Jack Greenwood (USA)	7- 3-76
M55	58.92	Guido Mueller (GER)	7-16-95

## 400 METRE HURDLES (2'6")

W35	52.94	Marina Stepanova (URS)	9/17/86
W40	62.08	Maria Sangous Espina (ESP)	6/22/95
W45	64.09	Jan Hynes (AUS)	4/ 3/94

## 300 METRES HURDLES (2'6")

M60	42.31	Guido Mueller (GER)	8- 1-99
M65	45.20	Jack Greenwood (USA)	7-25-91
M70	49.07	Earl Fee (CAN)	8-28-99
M75	55.33	Dan Bulkeley (USA)	10- 2-94
M80	62.61	Dan Bulkeley (USA)	8- 1-99
M85	89.11	Bob Boal (USA)	10-12-97
W50	47.01	Jan Hynes (AUS)	10/ 2/94
W55	52.11	Corrie Roovers (HOL)	7/25/91
W60	53.05	Corrie Roovers (HOL)	7/16/95
W65	65.67	Isabel Hofmeyr (RSA)	10/13/93
W70	68.82	Isabel Hofmeyr (RSA)	8/ 1/99

## HIGH JUMP

M40	2.11	Jim Barrineau (USA)	7-19-95
M45	2.00	Asko Pesonen (FIN)	9- 3-88

M50	1.98	Thomas Zacharas (GER)	5-1
M55	1.83	Jaroslav Hanus (CZE)	9-13-98
M60	1.72	Phil Fehlen (USA)	7- 4-93
M65	1.64	Jim Gillchrist (USA)	9-25-98
M70	1.52	Bud Held (USA)	1- 8-97
M75	1.44	Esko Kolhonen (FIN)	8- 4-89
M80	1.31	Esko Kolhonen (FIN)	7-16-94
M85	1.20	Kizo Kimura (JPN)	6-22-97
M90	1.04	Buell Crane (USA)	7-28-90
W35	1.92	Y. Panikarovskikh (RUS)	7/ 4/96
W40	1.72	Debbie Brill (CAN)	8/ 9/97
	1.72	Carmen Karg (URS)	7/16/95
W45	1.76	Debbie Brill (CAN)	8/ 6/99
W50	1.55	Phil Raschker (USA)	5/25/97
W55	1.43	Taisija Tshentchik (URS)	7/23/91
W60	1.38	C. Schmalbruch (GER)	8/15/97
W65	1.27	Leonore McDaniel (USA)	8/11/93
W70	1.22	Leonore McDaniel (USA)	5/ 9/98
W75	1.10	Helgi Pedel (CAN)	8/ 6/99
W80	0.93	Mary Bowermaster (USA)	8/28/99

## POLE VAULT

M40	5.50	Larry Jesse (USA)	8-24-96
M45	5.10	Larry Jesse (USA)	8-10-97
M50	4.52	Jerry Cash (USA)	7-31-99
M55	4.26	Hans Lagerqvist (SWE)	8-24-96
M60	3.90	Herbert Schmidt (GER)	10-14-71
M65	3.77	Boo Morcom (USA)	8- 3-86
M70	3.30	Herbert Schmidt (GER)	7-18-80
M75	2.95	William Bell (USA)	7-19-97
M80	2.51	Carol Johnston (USA)	6-20-92
M85	2.24	Carol Johnston (USA)	8- 8-93
W35	4.22	Gabiella Mihalcea (ROM)	6/11
W40	3.40	Dawn Hartigan (AUS)	2/ 7/98
W45	3.38	Phil Raschker (USA)	5/17/94
W50	3.25	Phil Raschker (USA)	10/20/99
W55	2.56	Joy Macdonald (USA)	4/ 5/97
W60	2.36	Kimiko Nakamura (JPN)	8/23/98
W65	2.10	Leonore McDaniel (USA)	8/ 8/97
W70	2.16	Leonore McDaniel (USA)	8/10/98
W75	1.50	Margaret Hinton (USA)	8/21/96

## LONG JUMP

M40	7.57	Hans Schicker	(FRG)	7-16-89
M45	7.27	Tapani Taavitsainen	(FIN)	8-21-90
M50	6.84	Tapani Taavitsainen	(FIN)	6-18-94
M55	6.35	Stig Backlund	(FIN)	7-21-95
M60	6.07	Tom Patsalis	(USA)	7-10-82
M65	5.43	Hans Bitter	(USA)	7-29-86
M70	5.19	Melvin Larsen	(USA)	8-12-94
M75	4.78	Mazumi Morita	(JPN)	7-30-88
M80	4.19	Mazumi Morita	(JPN)	5-20-95
M85	3.75	Mazumi Morita	(JPN)	7-26-98
M90	2.45	Hiroshi Aoyama	(JPN)	6-13-99
W35	6.90	Vera Olenchenko	(RUS)	6/14/96
W40	6.21	Franciska Janssen	(NED)	7/ 7/85
W45	5.59	Karin Von Riewel	(GER)	9/ 6/97
W50	5.40	Phil Raschker	(USA)	4/13/97
W55	4.84	C. Schmallbruch	(GER)	8/19/95
W60	4.75	C. Schmallbruch	(GER)	7/19/97
W65	4.47	Paula Schneiderhan	(GER)	12/ 1/87
W70	4.15	Paula Schneiderhan	(GER)	6/ 6/94
W75	3.34	Paula Schneiderhan	(GER)	7/19/97
	3.62 P	Paula Schneiderhan	(GER)	9/1
W80	2.78	Mary Bowermaster	(USA)	8/2
W85	2.19	Ruth Frith	(AUS)	3/28/95



M95	6.97	Buell Crane	(USA)	6-20-90
M95	4.42	Tom Lane	(USA)	5-23-92
M100	3.15	John Whittemore	(USA)	4-2-00
W35	21.38	Helena Fibingerova	(CZE)	8/22/84
W40	19.05	Antonina Ivanova	(URS)	8/28/73
W45	16.95	Denka Sihava	(CZE)	6/26/99
W50	14.85	Valerie Young	(NZL)	11/29/87
W55	14.47	Sigrin Kofink	(GER)	7/21/91
W60	13.20	Sigrin Kofink	(GER)	8/16/97
W65	11.04	Rosemary Chrimess	(GBR)	8/1/99
W70	9.57	Marianne Hamm	(GER)	8/1/98
W75	7.91	Anny Binder	(GER)	6/5/92
W80	7.71	Masayo Kohno	(JPN)	9/15/95
W85	5.92	Ruth Frith	(AUS)	3/25/95
W95	3.39	Margaret White	(USA)	9/7/92

<b>DISCUS</b> (50-59 1.5kg, 60+ 1kg)				
M40	69.48	Al Oerter	(USA)	5-31-80
M45	66.12	Al Oerter	(USA)	3-28-82
M50	68.40	Klaus Weiffenbach	(GER)	5-10-97
M55	61.22	Klaus Liedtke	(GER)	6-15-97
M60	63.26	K. Maksimczyk	(GBR)	4-6-00
M65	55.62	Kauko Jouppila	(FIN)	9-17-79
M70	49.34	Rolf Gustavsson	(SWE)	9-21-91
M75	43.90	Osmo Renvall	(FIN)	8-8-92
M80	37.86	Ross Carter	(USA)	7-23-91
M85	30.40	Lamberto Cicconi	(ITA)	6-12-99
M90	22.06	Waldo McBurney	(USA)	7-16-95
M95	13.56	John Whittemore	(USA)	2-12-00
M100	7.38	Faina Myelnik	(URS)	9/9/80
W25	69.60	Helgi Parts	(URS)	10/12/80
W35	63.70	Helgi Parts	(URS)	9/2/83
W40	59.30	Zdenka Silhava	(CZE)	8/11/99
W45	64.09 P	Ingrid Miller	(SWE)	9/6/92
W50	45.48	Tamara Danilova	(RUS)	8/10/96
W55	43.36	A. Chatrine Ruhlow	(GER)	7/14/97
W60	39.08	Rosemary Chrimess	(GBR)	6/14/98
W65	34.34	Marianne Hamm	(GER)	9/12/98
W70	25.97	Annen Reile	(GER)	8/3/91
W75	22.44	Birgit Nyhed	(SWE)	6/26/92
W80	20.50	Ruth Frith	(AUS)	1/3/98
W85	13.92			

<b>HAMMER</b> (50-59 6kg, 60-69 5kg, 70+ 4kg)				
M40	75.66	Yuri Syedikh	(URS)	6-29-95
M45	64.70	Dave McKenzie	(USA)	6-4-95
M50	63.70	Tom Gage	(USA)	5-16-93
M55	63.70	Hans Potsch	(AUT)	7-5-90
M60	61.70	Eugen Waltercrantz	(SWE)	9-25-99
M65	53.32	Karl-Heinz Wendel	(GER)	9-7-96
M70	50.72	Pentti Saarikoski	(FIN)	9-10-96
M75	40.68	Osmo Renvall	(FIN)	6-15-86
M80	34.72	John Fraser	(AUS)	8-20-95
M85	27.51	John Fraser	(AUS)	12-12-99
M90	16.96	Buell Crane	(USA)	4-21-90
M95	10.60	Everett Hosack	(USA)	10-18-98
W35	61.68	Lyubov Karpova	(URS)	9/4/94
W40	50.01	M. Duss/Mueller	(SWI)	8/7/99
W45	45.76	Annie Bellanger	(FRA)	7/6/96
W50	51.73	M./Leena Parviainen	(AUS)	4/9/98
W55	49.46	Vanessa Hilliard	(USA)	4/5/97
W60	46.04	Jutta Schaefer	(GER)	7/21/95
W65	44.38	Jutta Schaefer	(GER)	8/17/97
W70	30.60	Ilse Bellin	(GER)	10/20/91
W75	23.92	Kaija Jortikka	(FIN)	7/31/99
W80	20.04	Annen Reile	(GER)	7/25/96
W85	18.26	Ruth Frith	(AUS)	7/21/95
W90	14.40 P	Irja Sarnama	(FIN)	6/6/95

<b>JAVELIN</b> (40-59 800g New Rules, 60+ 600g)				
M40	78.84	Jorma Markus	(FIN)	6-21-94
M45	67.55	Michael Brown	(USA)	5-8-99
M50	65.76	Larry Stuart	(USA)	4-30-88
M55	65.74	Larry Stuart	(USA)	4-8-95
M60	64.74	Larry Stuart	(USA)	5-23-98
M65	55.02	Bud Held	(USA)	5-15-93
M70	49.20	Harje Noreborn	(SWE)	5-13-97
M75	41.24	Manuel White	(USA)	8-17-91
M80	33.84	Manuel White	(USA)	6-14-96
M85	27.34	Gerhard Scheppe	(GER)	7-23-97
M90	17.44	Buell Crane	(USA)	7-28-90
M95	10.32	Tom Lane	(USA)	5-23-92
M100	6.69	John Whittemore	(USA)	3-18-00
W35	67.00	Tuula Laaksala	(FIN)	9/10/88
W40	64.06	Tessa Sanderson	(GBR)	7/12/96
W45	47.74	Anneliese Gerhards	(GER)	5/30/81
W50	48.56	Mary Thomas	(AUS)	7/21/95
W55	46.08	Gertraud Schonauer	(AUT)	8/29/92
W60	41.28	Gertraud Schonauer	(AUT)	7/12/97
W65	34.49	Birute Kalediene	(URS)	9/16/98
W70	28.20	Joan Ogden	(GBR)	8/24/97
W75	23.02	Hanna Gelbrich	(GER)	7/4/90
W80	19.86	Hanna Gelbrich	(GER)	10/9/93
W85	13.74	Irja Sarnama	(FIN)	7/20/91

<b>DECATHLON</b> (1994 WAVA Age Graded Scoring Tables)				
M40	7789	Wolfgang Linkmann	(GER)	6-6-81
M45	7780	Rex Harvey	(USA)	7-18-91
M50	8114	Gary Miller	(USA)	7-27-89
M55	8726	Rolf Geese	(GER)	7-29-99
M60	8610	Phil Mulkey	(USA)	10-7-93
M65	7668	Pekka Penttila	(FIN)	7-27-89
M70	8450	Gudmund Skrivervik	(NOR)	7-18-91

M75	7825	Pekka Penttila	(FIN)	7-29-99
M80	4680	Takuro Miura	(JPN)	7-29-99
M85	5565	Bob Boal	(USA)	9-20-97

<b>HEPTATHLON</b> (1994 WAVA Age Graded Scoring Tables)				
W35	7241	Jane Frederick	(USA)	9/26/87
W40	5747	Jenny Brown	(GBR)	7/29/99
W45	5766	Anne Jensen	(DEN)	7/29/99
W50	6469	Phil Raschker	(USA)	7/3/99
W55	6298	Corrie Roovers	(HOL)	7/18/91
W60	5882	Betty Vosburgh	(USA)	7/18/91
W65	5469	Asta Larsson	(SWE)	7/17/97
W70	4683	Johanne Vallien	(USA)	7/17/97
	5157 P	Isabel Hofmeyr	(RSA)	7/29/99
W75	3039 P	Ildia Madones	(CHL)	

**OFFICIAL WAVA BESTS**  
Not recognized as World Records at this time.

<b>3000 METRES WALK</b>				
M40	11:28.21	W.SAWALL	21 FEB 82	AUS
M45	12:06	G.LITTLE	23 NOV 91	NZL
M50	12:18	G.LITTLE	23 JAN 93	NZL
M55	13:00.00	G.LITTLE	29 NOV 97	NZL
M60	14:16.0	M.DICKENSON	21 MAR 99	NZL
M65	15:12.9	G.CHAPLIN	11 May 96	GBR
M70	16:58.73	C.COLMAN	6 JUL 91	GBR
M75	16:19.5	J.GRIMWADE	12 JUL 87	GBR
M80	17:41.4	J.GRIMWADE	20 MAR93	GBR
W35	12:02.39	K. JUNNA-SAXBY	29 FEB 97	AUS
W40	13:19.7	S.GRIESBACH	22 FEB 87	FRA
W45	14:26.2	V.HEIKKILA		FIN
W50	15:11.9	V.HEIKKILA		FIN
W55	15:58.47	W.SAILER	3 MAR 97	GER
W60	16:28.5	M.WORTH	9 JUL 89	GBR
W65	17:08.32	B.TIBBLING		SWE
W70	18:05	B.TIBBLING	5 JUL 89	SWE
W75	21:12.2	A.DE BRANDIS	2 MAR 90	ITA
W80	24:00	N.JEFFREYS	3 NOV 90	AUS
W85	27:36.0	N.JEFFREYS	27 SEP 94	AUS

<b>5000 METRES WALK</b>				
M40	19:45.65	W.SAWALL	31 MAR 84	AUS
M45	20:54.4	G.LITTLE	7 DEC 91	NZL
M50	21:01	G.LITTLE	16 FEB 92	NZL
M55	22:14.93	G.LITTLE	19 JAN 98	NZL
M60	24:07.71	G. WEIDNER	22 JUL 95	GER
M65	25:27.42	G. WEIDNER	13 SEP 98	GER
M70	27:02	T.DAINTY	10 APR 82	AUS
M75	27:40	J.GRIMWADE	28 JUN 87	GBR
M80	29:24.1	J.GRIMWADE	7 JUN 92	GBR
M85	33:15.0	A.THEOBALD	10 APR 82	AUS
M90	35:10	A.THEOBALD	18 APR 87	AUS
W35	20:41	K. JUNNA-SAXBY	6 JUN 96	AUS
W40	22:49.4	S.GRIESBACH	9 AUG 87	FRA
W45	24:29.1	S.GRIESBACH	28 APR 91	FRA
W50	25:01.6	H.MAEDER	28 JUN 97	SUI
W55	25:28.0	O.MEYER	26 MAY 85	GER
W60	27:04	O.MEYER	15 OCT 88	GER
W65	27:57	J.ALBURY	6 OCT 95	AUS
W70	29:16	B.TIBBLING	21 JUL 89	SWE
W75	32:44.76	B.TIBBLING	16 OCT 93	SWE
W80	37:41	P. CLARKE	1 JUL 91	USA
W85	44:43.85	D. ROBERTS	21 JUL 95	USA

<b>10,000 METRES WALK</b>				
M40	40:08	W.SAWALL	28 AUG 82	AUS
M45	42:18	W.SAWALL	2 APR 88	AUS
M50	42:20	G.LITTLE	16 FEB 92	NZL
M55	43:59.8	A.LIEPASKALNS	1 OCT TR	URS
M60	47:48	C.BOMBA	2 SEP 84	ITA
M65	55:24	R.JONES	77	AUS
M70	54:17	T.DAINTY	9 MAY 81	AUS
M75	55:01	J.GRIMWADE	27 SEP 87	GBR
M80	61:25.4	J.GRIMWADE	15 AUG 93	GBR
M85	82:44	G.CONWAY	8 JUL 90	USA
M90	77:52	G.THEOBALD		AUS
W35	42:52	K. JUNNA-SAXBY	26 JAN 98	AUS
W40	47:07	S.GRIESBACH		FRA
W45	48:32	S.GRIESBACH	16 JUN 90	FRA
W50	50:40	S.KRAMER	5 JUN 99	AUS
W55	54:24	W.SAILER	2 JUN 96	GER
W60	55:58	O.MEYER	28 MAY 89	GER
W65	58:41	B.TIBBLING	1 AUG 86	SWE
W70	60:18	B.TIBBLING	26 JUN 88	SWE
W75	67:46	B.TIBBLING	11 OCT 93	SWE
W80	78:26	M.LINDGREN	21 JUL 91	SWE
	74:48	N.JEFFREYS		AUS
W85	83:49	M.LINDGREN	JUL 97	SWE
	77:32	N.JEFFREYS		AUS
W90	92:41	N.JEFFREYS		AUS

## READERS' LETTERS

continued from page 9

2) Instruct our event safety team to implement the WAVA rules of competition 7.5 to remove an athlete who "improperly performs the event" in the first 10km of the marathon.

In addition to improperly performing the event, walking the marathon course also puts unnecessary time obligations on officials and marshals.

Last but not least it frequently creates problems with the Police authorities and traffic management as roads either have to remain closed for longer periods of time or there are greater number of athletes on the road once the road has been reopened

3) Advise all team managers of this decision at the technical meeting in Brisbane

4) Include this information in the event technical manual

5) Request that National Masters News includes this decision in an editorial feature.

The Marathon is a running event and whilst I appreciate that in the popular large marathons such as New York, Rotterdam and London, competitors walk the entire route, these events are for mass participation and fund raising for charity. WAVA Championships are a world championship, not charity races. Should athletes wish to participate in long distance walking events WAVA offer a 50km walk at the Non Stadia championships.

Ron Bell

Vice President Non Stadia

## HIP REPLACEMENT

I am 67 years of age, have run since a youngster and have been a member of Gateshead Harriers for nearly 50 years. About 2 years ago I had to stop running because of problems with my left hip. I was able to cycle and swim but I was very unhappy when told I needed a hip replacement and could not run again.

While I was on the waiting list for a conventional hip, I saw a newspaper article about a new hip operation called the Birmingham Hip Resurfacing operation. A surgeon in Newcastle had been doing this operation successfully for five years although only time would prove how long it lasted. I got in touch with the surgeon in Newcastle who saw no reason why I should not have the hip replacement.

I was on crutches for about a month. After six weeks I was told I could cycle and swim and after another 6 to 7 weeks I was given the all-clear - I could do anything I wanted. Within 4 months of the operation I started jogging. The only problem, after not running for 2 years, was with breathing. I am now running 4 to 5 times a week without any real problems - just not fast enough - and can continue to be actively involved in the running scene and coaching the 11-15 year old boys.

Sydney Robson  
Gateshead



European Indoor Championships, Bordeaux, France. 8-11 March. Report: **Pete Mulholland**

# GALLIC GOLD RUSH

## DAY ONE

In the magnificent facilities of a 6000-seat arena, Great Britain's athletes were soon among the honours with world records as a bonus.

First Briton to step up on to the rostrum was Pat Gallagher and with a W55 world best to add a touch of fizz to the occasion. Confirming the return to form signalled by her world record in the British Championships, Gallagher carved another three seconds from her Cardiff time as she led home team colleague Elaine Statham.

"I just sat in on the Austrian W50 winner and felt comfortable," admitted Gallagher who had matched her W50 victory in Malmo two years ago.

Finishing late on a day that saw some competitors still competing a shade before midnight, Jenny Brown wasn't just content with a world record for W40 pentathlon but helped herself also to a multi-event high jump world best.

Third in the opening 60m hurdles, Brown then stamped her authority on the event with a 1:69m high jump - to top her previous best of 1.66 - before narrowly failing at 1.72 which would have equalled Debbie Brill's outdoor W40 best.

Entering the final discipline, the 800m, Brown remembered: "I needed break 2:31.7 for the world record," and it proved 'no problem' as she toured in 2:28.50 for 4189 points to better her own record set in Birmingham last year.

"Today surprised me," confessed Brown, "as I struggled at Cardiff and injuries had put paid to any speed work."

More pentathlon gold came Britain's way courtesy of Carole Filer whose performance in the W45 event proved even more dominating than Brown's.

Filer, a former European veteran long jump champion, said: "I felt tired after that," but, as someone heavily involved in

the British Masters Medical Services, she obviously knows how to pace herself for the rest of the championships.

Winning a European championship is not a bad way to debut indoors but Karen Marshall - twice winner of the veterans' international cross country - dipped a toe with her clear-cut W45 3000m victory.

"I prefer road and country," said the Northern Ireland GP afterwards, "this was a bit of a novelty for me."

One of the ever-increasing band of talented Irish veterans, Tom O'Connor swept up an All-Ireland M40 record.

"I was 11th fastest on paper prior to the race," admitted a jubilant O'Connor after an action-packed race, but it did not show as he tracked the leading group for six laps before joining the leaders and hitting the front on the final lap to prove uncatchable.

Fred Gibbs looked a likely winner of the M60 3000m after dominating much of the race but a dramatic burst to the finish line meant he had to settle for second behind British colleague Phil Lancaster.

"I was mentally settling for third with 100m to go," said Lancaster, "then coming off the bend I thought I would give it a go." A not too despondent Gibbs admitted: "Once Phil passed me it was too late to respond."

A brave performance by John Charlton, whose on going back problems curtailed his M50 pentathlon efforts, saw him nevertheless duplicate his second place in the Europeans last year in Finland.

After taking the early initiative in the W35 3000m Susie Tawney

had to be content with second place but said afterwards: "I gave it my best shot and was pleased with silver."

## DAY TWO

The women supplied the golden goods for Britain with Jenny Brown and Carole Filer both summoning up sufficient strength after their pentathlon victories of the previous day.

Brown's W40 high jump winning effort of

1.60 was well below the 1.69 she achieved in the multi-event but the close scrutiny of the meeting drug testers didn't help matters. "There were three of them watching my every move and it was off putting to say the least," said Brown, who afterwards was detained until late in the day before the subsequent test proved negative.

Filer was another whose individual event performance was below that in the pentathlon - her 60m hurdles was 3/100ths slower, although she admitted "I felt better today".

Also tasting success over 60m hurdles was Jean Fails who led home Emily McMahon in the W50 category, thereby reversing their positions in the British Championships.

"This is the one I wanted," said an elated Fails, "That defeat by Emily in Cardiff was a wake-up call for me."

Fails is a rare animal in veteran athletics due to the fact she has attracted sponsorship from two sources, one from her employers Twinings - of tea fame - and one from Transaero, a Surrey based company.

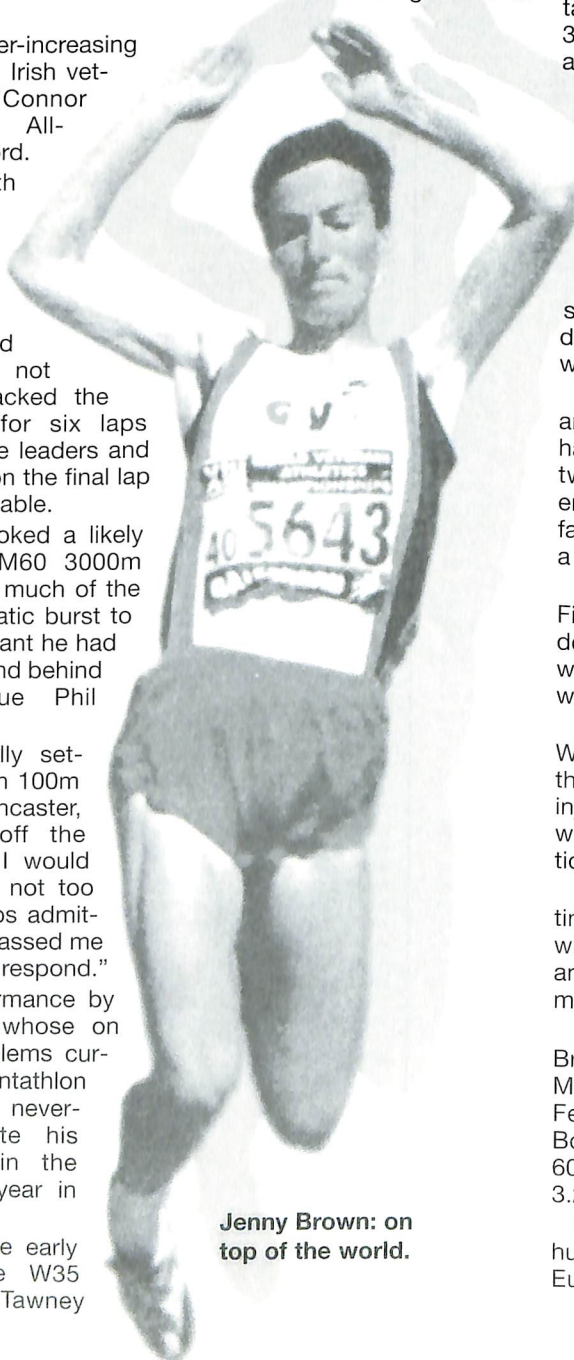
"I couldn't afford to go to Finland for the European outdoors but thanks to these two I will be in Canberra for the world champs."

Mary Wixey earned a golden W80 double with her efforts in the shot and long jump but injury during the latter event was to prevent further additions to her haul.

"I had just added two centimetres to my British record when one of my quads went and I'm now awaiting treatment," Wixey said.

Four silvers was the best the British men could muster as Mike Coker (M40), Barry Ferguson (M55) and Tony Bowman (M65) hurdled over 60m while Brian Harlick cleared 3.20 in the M55 pole vault.

Coker, who has won in hurdles gold at both world and European veterans' champi-



**Jenny Brown: on top of the world.**



Photographs: **Jeremy Hemming****Carole Filer**

onships, said later: "This was my best placing in these indoor championships - having run 400m heats shortly before didn't help matters."

### THREE

After the success of the British women yesterday the men hit back with five gold medals but, still on a roll, the women matched this with five of their own.

Carole Filer topped this day of sweet success with her third golden moment in these championships when taking the W45 long jump. "I've never won three titles in one championship before," said an elated Filer with the final day looking likely to add to her tally.

Another long jumper to secure gold was W50 Jean Fail with a commanding leap of 4.64 while her hurdles challenger of the previous day, Emily McMahon had to settle for third.

was the 60m sprints, however, where the harvest of gold was reaped. The event produced no less than five British

vests at the top of the podium and two European records.

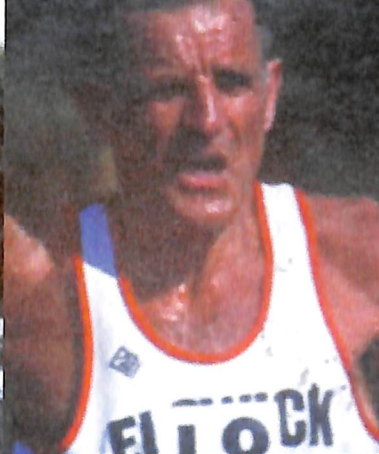
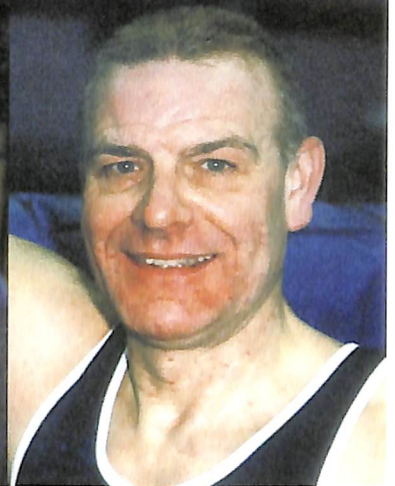
Dave Elderfield, European M45 record-holder over 400m indoors, showed elan over the shorter sprint while team-mate Wally Franklyn took bronze.

Charlie Williams, as an M70 still showing the form of a younger athlete, was untroubled in taking the short sprint not long after witnessing his colleague Doug Adair win the M75 title.

Helen Godsell took the W45 60mH title with a European record for good measure and then admitted: "The 60 is me," although that day she also posted the fastest 200m qualifying time for Sunday's finals.

Val Parsons (W50) also claimed a European record over 60m and with Yvonne Priestman (W55) continued the dash for gold with scintillating runs.

Doug Fotheringham had to battle with team-mate Denis Withers before he could take the M70 3km, adding to the gold he had won in the European outdoor champi-

**Phil Lancaster****Val Parsons****Doug Fotheringham****Allen Williams**

onships. After negotiating the 15-plus laps, Fotheringham edged home by a little over one second. Another walker, Brian Gore, re-found the form that saw him capture world titles in taking the M60 category while his wife Una got into the act with a bronze in both the 60m and shot.

Ireland's Bobby King, WAVA champion at Gateshead, improved on his European indoor silver from two years ago to score a conclusive win in the M55 walk with 14 seconds to spare over his Italian rival Valter Sgardello.

There was a silver lining for Janice Pryce as she took second in the W40 long jump. The former under-21 English representative confessed, "That was my first ever medal in a major overseas championship - and if I had jumped well I might have won".

Allen Williams was only 3cm adrift of his recent British mark of 4.33 in the M45 pole vault but still had to give way to the German Wolfgang Ritte who cleared a mighty 4.60.

### DAY FOUR

On a day that saw over one hundred finals take place, British athletes got among the honours with a further 22 golds plus numerous silvers and bronzes. Once again it was the women who stole the show with Pat Gallagher and Janice Pryce both securing world records while Caroline Marler and Yvonne Priestman both had a brace of individual wins.

Gallagher stormed to victory in the 1500m to match her 3000m win on the opening day.

"I felt really comfortable," claimed Gallagher who, after sustaining an injury at the 2000 BVAF outdoor championships, has yet to embark on any speed work. This didn't prevent her from carving almost nine seconds from the indoor mark held by Gerda van Vooten of Holland.

Pryce needed a W40 world record to defeat Jenny Brown as both triple jumped in excess of the old mark of 10.78m. Earlier in the day Brown had secured her third gold with a brilliantly executed 800m.



## GALLIC GOLD RUSH

Marler confirmed the ability that saw her gain two world records at Cardiff although an Achilles problem here meant that she could not match those times.

Priestman has bounced back after being diagnosed with cancer shortly after winning the world 400m gold at Gateshead 1999. Following her 200m and 400m wins which took her tally at these championships to three golds, she said: "I've laid low since then but I've now been given the all-clear and it's a bonus just to be able to run."

Sally Read-Cayton admits to being an indoor novice and - on the advice of her coach Fred Bell - has been competing over the country to strengthen her challenge for the 200m and 400m.

"I was pleased to make the final of the 200," said Read-Cayton, "Although the time was slower than I wanted."

Falling across the finish line obviously did not help but she came back to lead Clare Acford and Linda Gabriel to a British W35 400m 1-2-3.

Phil Lancaster was impressive in dominating the M60 1500m, as was Livis Gallagher who completed a distance double. Dave Wilcock showed tactical moves in taking the M45 800 but had to settle for silver after a vain defence of his 1500m title.

Bob Minting won the 800m, a repeat of his victory in the outdoor version of these championships in Finland last year, but took a silver in the 400m. Winston Thomas once again found a window of opportunity in his duties as the meeting technical director to grab a clear-cut M55 400m victory.

Spare a thought for Rez Cameron who set a world record early on in the M40 triple jump but was only rewarded with silver.

"I came off the sick bed to the runway so I'm not too disappointed with the result," he said philosophically.

Kermit Bentham, after his European record in Cardiff, looked favourite for gold here and appeared to have won when Eric Roeske (Holland) fell across the line but the Dutchman got the nod by a mere 3/100ths of a second.

Profile: **ALASTAIR AITKEN** Photograph: **JEREMY HEMMING**



## HONEY'S RECIPE FOR KEEPING YOUNG

It is typical of Roger Honey (47) that last July he won the Southern League Division One 'A' string high hurdles for Ilford AC with 15.8 then, one week later, he took the BVAF M45 hurdles titles at Bedford in 58.99 and 15.20, both championship bests, writes Alastair Aitken.

Honey's interest in athletics goes back to when he was eleven years old at the South West Ham Technical School. He'd lost interest by the fifth form but in the lower sixth his teacher asked him, 'Do you want to do the Essex?'. He replied, 'I'll give it a go'.

At Mayesbrook Track he lined up with Tony Sherrett

who, having all the gear and starting blocks, asked Honey, "Have you been training hard?"

Honey answered. "I haven't done it for years".

Roger beat Sherrett but they became great friends. Bob Mortimer, coach at Essex Beagles, picked him up from there and that was when his athletic career really started.

Honey - born in Forest Gate 10 February 1955, he considers himself an East End boy - competed for Essex Beagles and later Ilford AC, running third in the AAA National Junior indoor championship and competed in several other major races such as the senior AAA and UK Closed Championships.

Having won the Essex, Honey went on to race in the Inter-Counties and came up against his first big name, Alan Pascoe. Another future star encountered by Honey in his earlier years was Daley Thompson who he beat over the hurdles. At 25 at Hendon, Roger ran his personal best of

14.8 which he equalled ten years later at the age of 35 in the GRE Cup.

Asked about hurdlers he particularly admires, Honey immediately names Ren Nehemiah. He also votes Colin Jackson who has speed and fluency over the hurdles. Some personal veteran highlights include, "Winning a couple of veteran internationals plus two 400m flat races against Dave Wilcock at Ilford. In one I almost beat him, he ran 53.1 and I did 53.3, a personal best for me. I felt my run in the relay (that night) was the best race of my life."

"When you get older it is difficult to keep going, (therefore) competing against people of your own age and standard is good. A large part of (the enjoyment) is the people you meet and their friendliness. That makes a difference. It is good to keep competing for a club as long as you can - it helps keep you young - possibly, when you reach your 50s, doing the 110s over 3'6" would be rather difficult."